

JANUARY 2026

**PIONEER
COMMUNITY
CENTER**



OPEN HOURS
9AM – 4PM
MONDAY – FRIDAY
503-657-8287

OUR SERVICES

Recreation | Education | Socialization
Meals on Wheels | Social Services
Transportation | Congregate Lunch
Fitness Center | Computer Lab
Volunteer Opportunities | Facility Rentals



PIONEER COMMUNITY CENTER

CITY OF OREGON CITY

OUR STAFF

Cecily Rose
**Social Services &
Community Center
Manager**
503-496-1523

Taylor Miller
**Rental & Events
Coordinator**
971-204-0425

Shirley Ryan
**Social Services
Coordinator**
503-722-3268

Alex Kocher
**Meals on Wheels
Programmer**
503-722-5979

Debbie Taplin
Transportation
503-974-5514

Christie Horner
Receptionist

Angela Hartmann
Food Services
971-204-0430

Linda Eells
Nutrition Assistant

Laura Luna-Brice
Fitness Instructor

Neal Schmitt
Tony Zuniga
Kevin Poppen
Transportation Drivers

Dear Friends of the Center,

Happy January! From the bottom of my heart, thank you for the many ways you blessed our community members during the holiday season. Together, our generous community fulfilled 200 Giving Tree gift tags, ensuring that our most vulnerable neighbors received a meaningful holiday gift. We've seen the smiles, received heartfelt phone calls, and read cards filled with gratitude. For those who supported this program, "thank you" hardly feels sufficient. We are deeply grateful for the generosity and love that continues to be poured into the Center—it truly fuels and multiplies our mission.

As we step into January, we welcome fresh beginnings and the promise of a new year filled with opportunity and growth. Turning the page to 2026, we are excited to share the launch of two new programs. Folk Dancing and Chair Fit have been added to the schedule! These classes are a perfect complement to any New Year's resolution—whether it's moving your body more, making new friends, or learning something new.

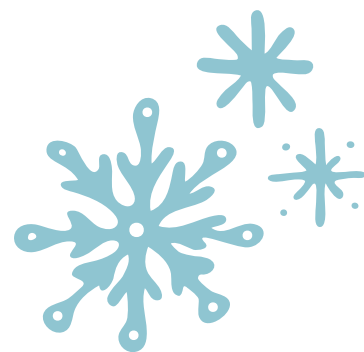
We look forward to dancing into the new year with you!
Warmly,

Cecily Rose
Manager

UPCOMING CLOSURES

January 1
New Year's
Closure

January 19
MLK Jr. Day
Closure



PIONEER HIGHLIGHTS

A look back at us...

Having Fun!



Thanksgiving Luncheon



Friends and Good Food!



Day Trip to Aspen Meadows



Hot Cocoa Social



2025 Holiday Luncheon



Happy Holidays!



Happy Birthday to our January volunteers!

**HAPPY
Birthday
to YOU**

Greg H.

Jennifer L.

Pam S.

Hank K.

Carol B.

Wendy F.

Richard H.

Cynthia L.

Howard M.



Pioneer Membership

The Pioneer Community Center provides many services to our community.

If you use our transportation, take classes, go on day trips or participate in any activities, we ask that you become a member.

Become a member or renew your membership by creating a SmartRec account or visit the Reception Desk.

We request a \$10 annual donation or \$15 per household. Membership includes entry into quarterly prize drawings and participation in monthly Birthday Day gift card drawings (must be present to win). You'll also receive our monthly e-newsletter via email.

OUR FITNESS ROOM IS NOW ACCEPTING THE FOLLOWING PROGRAMS!



\$20
for a 24 visit
punch card

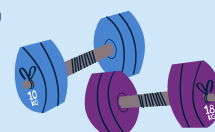


**Fitness Center hours are
Monday - Friday 9:00AM-4:00PM**



CALL TO SET UP AN ORIENTATION TODAY!

503-657-8287



Transportation Service

Offered by



**Transportation Reaching People (TRP) | ClackCo Connects Shuttle
Vets Driving Vets | Ride Together | Mt. Hood Express | Village Shuttle**

Learn more about getting around the county at
www.clackamas.us/socialservices/transportation



Senior Companion Program

Companion volunteers help their senior client stay independent and involved. Volunteers must be 55+ and on a fixed income.

Spend time together each week doing activities like:

- Checking in about their week
- Watching movies or playing games
- Doing productive activities like scheduling appointments

Volunteers receive:

- \$4 per hour nontaxable stipend
- Mileage reimbursement
- Ongoing training
- Social connection

Contact us to get started as a volunteer or client!

- Phone: 503-655-8208
- Email: scp@clackamas.us
- www.clackamas.us/socialservices/senior



Transportation Reaching People

Caring people with reliable cars volunteer to drive seniors and people with disabilities to medical appointments and important errands.

Volunteers receive:

- Mileage reimbursement
- Free defensive driving training, which may give you a discount on your auto insurance
- Flexible scheduling

To request a free ride:

- Call us at 503-655-8208 to register by answering a few easy questions.
- After you are in our registration system, you can schedule a ride by voicemail.

Contact us to get started as a volunteer or client!

- Phone: 503-655-8208
- Email: trpclackamas@clackamas.us
- www.clackamas.us/socialservices/senior



DROP IN ACTIVITIES



LUNCH

Monday – Friday | 11:00 am – 12:00 pm
Adults 60+ | \$3.00 suggested donation
Under 60 | \$4.50 fee

CRAFTS & FRIENDS

Bring your own craft & socialize with friends
Mondays | 9:30 – 11:30 am

AMERICAN MAHJONG

Mondays | 12:00 – 3:00 pm

POKER

Mondays & Wednesdays | 12:00 – 3:00 pm

BUNCO

\$1 DROP-IN

3rd Wednesdays | 12:00 – 2:00 pm

BINGO

Thursdays | 12:30 – 2:00 pm
\$0.25/card
Bingo cards on sale at noon.

PINOCLE

Fridays | 12:30 – 3:00 pm

RUMMIKUB

Fridays | 12:00 – 3:00 pm

CARD & DICE GAMES

Fridays | 1:00 – 3:00 pm

CHESS CLUB

First Three Sundays of the month
12:30 – 4:00 pm | Daylight Basement

BETTER BONES & BALANCE PROGRAM (DAYLIGHT BASEMENT)

Tuesdays, Wednesdays & Thursdays | 9:15 am
Silver Program | Punch Card | \$1 Drop-In

WALKING CLUB

Tuesdays & Fridays | 9:00 am

LINE DANCING BEGINNING

Mondays & Tuesdays | 12:00 – 1:00 pm
Silver Program | \$1 Drop-In

LINE DANCING

HIGH BEGINNER/IMPROVER

Mondays & Tuesdays | 1:00 – 2:00 pm
Silver Program | \$1 Drop-In

ZUMBA

Tuesdays & Thursdays | 8:00–9:00 am
Silver Program | Punch Card | \$1 Drop-In

FOLK DANCE

Wednesdays | 12:00 – 1:00 pm | \$1

COMPUTER LAB

Monday – Friday | 9:00 am – 4:00 pm
No printers available.

FOOD PANTRY

Fridays | 10:00 am

ALZHEIMER'S SUPPORT GROUP

2nd Tuesdays | 1:30 – 2:30 pm

GRIEF RELEASE GROUP

2nd & 4th Thursday | 1:30 – 3:00 pm

**FOR ADDITIONAL INFORMATION PLEASE
VISIT THE RECEPTION DESK OR CALL
503-657-8287**

BETTER BONES & BALANCE









GRADUALLY IMPROVE YOUR
BALANCE AND STRENGTH TO
AVOID FALLS AND MAINTAIN
INDEPENDENCE



**EVERY TUESDAY, WEDNESDAY,
THURSDAY
9:15AM IN THE BASEMENT**

**REGISTER AT OUR RECEPTION DESK
OR 503-657-8287**

JANUARY ACTIVITY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>  CONGREGATE LUNCH MONDAY-FRIDAY 11:00AM-12:00PM Age 60+ \$3 suggest donation Age under 60 \$4.50 fee </div> <div>  </div>				
<p>PIONEER COMMUNITY CENTER</p>  <p>503-657-8287 615 5th St. Oregon City, OR 97045</p>			<p>1</p>  <p>Pioneer Community Center CLOSED</p>	<p>2</p> <p>9:00 February Trip Sign Up 9:00 Foot Care Clinic w/appt. 9:00 Walking Club 10:00 Food Pantry 11-12 Congregate Lunch 12-3 Rummikub 12:30-3 Pinochle 1-3 Cards & Dice Games</p>
<p>5</p> <p>9:30-11:30 Crafting with Friends 10:00 Art Writing Pop-Up: New Year Vision Boards 11-12 Congregate Lunch 12-3 Poker 12-1 Beginning Line Dance 12-3 American Mahjong 1-2 High Beg/Improver Line Dance</p>	<p>6</p> <p>8-9 Zumba 9:00 Foot Care Clinic w/appt. 9:00 Walking Club 9:15 Better Bones & Balance 11-12 Congregate Lunch 12-1 Beginning Line Dance 1-2 Improver Line Dance</p>	<p>7</p> <p>9:15 Better Bones & Balance 10:00 Creative Writing Pop-Up: New Year Reflections 11-12 Congregate Lunch 12-1 Folk Dancing 12-3 Poker</p>  <p>Trip-Day Portland Art Museum</p>	<p>8</p> <p>8-9 Zumba - Drop In 9:15 Better Bones & Balance 11-12 Congregate Lunch 11:30 Mobile OC Library Visit 12:30-2 Bingo 1:30-3 Grief Release</p>	<p>9</p> <p>9:00 Foot Care Clinic w/appt. 9:00 Walking Club 10:00 Food Pantry 11-12 Congregate Lunch 12-3 Rummikub 12:30-3 Pinochle 1-3 Cards & Dice Games</p>
<p>12</p> <p>9:30-11:30 Crafting with Friends 11-12 Congregate Lunch 12-3 Poker 12-1 Beginning Line Dance 12-3 American Mahjong 1-2 High Beg/Improver Line Dance</p>	<p>13</p> <p>8-9 Zumba - Drop In 9:00 Foot Care Clinic w/appt. 9:00 Walking Club 9:15 Better Bones & Balance 10:00 Law Project w/appt 11-12 Congregate Lunch 12-1 Beginning Line Dance 1-2 High Beg/Improver Line Dance 1:30-2:30 Alzheimer's Support</p>	<p>14</p> <p>9:15 Better Bones & Balance 10:00 Estate Planning 101 11-12 Congregate Lunch 12-1 Folk Dancing 12:00 Bunco 12-3 Poker 2-4 United Health Care 101</p> <p>Dine-Out McMenamins Kennedy School Movie</p>	<p>15</p> <p>8-9 Zumba - Drop In 9:15 Better Bones & Balance 10-11 Fireside Book Chat 11-12 Congregate Lunch 12:30-2 Bingo</p>	<p>16</p> <p>9:00 Foot Care Clinic w/appt. 9:00 Walking Club 10:00 Food Pantry 11-12 Congregate Lunch 12-3 Rummikub 12-6 Red Cross Blood Drive 12:30-3 Pinochle 1-3 Cards & Dice Games</p>
<p>19</p>  <p>Pioneer Community Center CLOSED</p>	<p>20</p> <p>8-9 Zumba 9:00 Foot Care Clinic w/appt. 9:00 Walking Club 9:15 Better Bones & Balance 11-12 Congregate Lunch 12:00 Fireside Film: I Am MLK Jr. 12:00 Diamond Presentation 12-1 Beginning Line Dance 1-2 Improver Line Dance</p>	<p>21</p> <p>9:15 Better Bones & Balance 11-12 Congregate Lunch 12-1 Folk Dancing 12:00 Bunco 12-3 Poker</p> <p>Trip-Day Curiosities Vintage Mall</p>	<p>22</p> <p>8-9 Zumba - Drop In 9:15 Better Bones & Balance 11-12 Congregate Lunch 12:30-2 Bingo 1:30-3 Grief Release</p>	<p>23</p> <p>9:00 Foot Care Clinic w/appt. 9:00 Walking Club 10:00 Food Pantry 11-12 Congregate Lunch 12-3 Rummikub 12:30-3 Pinochle 1-3 Cards & Dice Games</p>
<p>26</p> <p>9:30-11:30 Crafting with Friends 11-12 Congregate Lunch 12-3 Poker 12-1 Beginning Line Dance 12-3 American Mahjong 1-2 High Beg/Improver Line Dance</p>	<p>27</p> <p>8-9 Zumba 9:00 Foot Care Clinic w/appt. 9:00 Walking Club 9:15 Better Bones & Balance 11-12 Congregate Lunch 12-1 Beginning Line Dance 1-2 Improver Line Dance</p>	<p>28</p> <p>9:15 Better Bones & Balance 11-12 Congregate Lunch 12-1 Folk Dancing 12:00 Bunco 12-3 Poker</p>  <p>Dine-Out Babica Hen Cafe</p>	<p>29</p> <p>8-9 Zumba - Drop In 9:15 Better Bones & Balance 10:00 National Puzzle Day Activities 11-12 Congregate Lunch 12:30-2 Bingo</p> 	<p>30</p> <p>9:00 Foot Care Clinic w/appt. 9:00 Walking Club 10:00 Food Pantry 11-12 Congregate Lunch 12-3 Rummikub 12:30-3 Pinochle 1-3 Cards & Dice Games</p>

WINTER CLASS SCHEDULE

HEALTH AND FITNESS CLASSES

CLASS	DAY	TIME	DATES	FEE	FEE 62+	INSTRUCTOR	NOTES
Hatha Yoga	Tuesdays Thursdays	9:15-10:15	Jan 6-Mar 19	\$110.00	\$77.00	Becky Pyles	No Class 3/17
Thai Chi Beginning	Tuesdays Thursdays	10:30-11:30	Jan 6-Mar 19	\$110.00	\$77.00	Ulises Correa	No Class 1/19, 2/16, 3/17
Thai Chi Continuing	Mondays Wednesdays	10:00-11:00	Jan 5 - Mar 18	\$100.00	\$70.00		
Be Fit	Tuesdays Thursdays	10:15-11:15	Jan 6-Mar 19	\$100.00	\$70.00	Rachael Petersen	No Class 1/27, 1/29
NEW! Chair Fit	Mondays Wednesdays	10:15-11:15	Jan 5 - Mar 18	\$90.00	\$63.00	Rachael Petersen	No Class 1/19, 1/26, 1/28, 2/16
Mindfulness for Everyday	Wed	10:00-11:30	Jan 7 - Mar 11	\$75.00	\$53.00	Diane Haase	Located in the Fireside Room
Tai Chi Extra Study	Mondays Wednesdays	11:15-11:45	Jan 5 - Mar 18	\$5 Drop-in Fee		Ulises Correa	No Class 1/19, 2/16
Zumba	Tuesdays Thursdays	8:00-9:00	Jan 6 - Mar 19	Silver Program Fitness Punch Card \$1 Drop-In		Laura Luna-Brice	No Class 3/17

CREATIVE EXPRESSION

Absolute Beginner Ukulele	Mon	10:30-11:15	Jan 5 - Mar 16	\$130, \$18 Drop-In First Drop-In is free		Brian Fergus	No Class 1/19, 2/16
Beginning Ukulele	Mon	11:15-12:00	Jan 5 - Mar 16				
Beyond Beginning Ukulele	Mon	12:00-1:30	Jan 5 - Mar 16				
Watercolor Painting	Thursdays	10:00-12:30	Jan 8 - Feb 26	\$100.00	\$70.00	Melissa Gannon	



Sponsorships are a great way for individuals and businesses to receive prominent recognition of their services in exchange for helping us meet the growing needs for our programs and services.

Please contact us if you would like to participate as a sponsor or have any sponsorship ideas!

503-657-8287

PIONEERCC@ORCITY.ORG



NEW PROGRAM

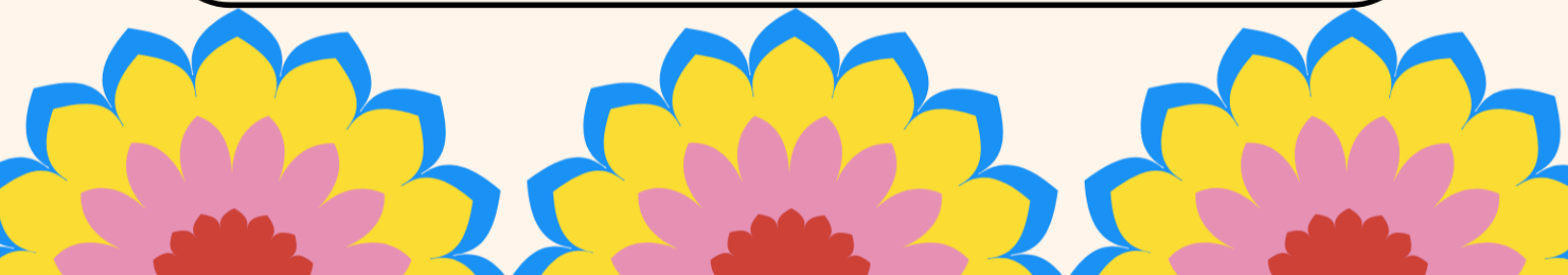
FOLK DANCING

**STARTING JANUARY 7TH
WEEKLY | WEDNESDAY
12:00-1:00PM**

**\$1 DROP-IN
NO PARTNER NEEDED!**

Folk dancing is a community-centered style of dance rooted in cultural traditions from around the world. These dances are often passed down through generations and are designed for people of all ages and skill levels to enjoy together.

Most folk dances are easy to learn, involve simple repeated steps, and are danced in circles, lines, or small groups. They celebrate music, heritage, and togetherness — no partner or prior experience required!



HAPPENING AT THE CENTER

**CREATE YOUR
OWN 2026 COLLAGE...**

vision board 2026

JANUARY 5TH

10:00AM

**POP-UP ACTIVITY
PIONEER COMMUNITY CENTER**

CREATIVE WRITING WORKSHOP

*NEW YEAR
REFLECTIONS
SET RESOLUTIONS*

JANUARY 7TH

10:00 AM

PIONEER COMMUNITY CENTER

RSVP @ 503-657-8287

HAPPENING AT THE CENTER



Fireside Films

FILM SERIES IN THE FIRESIDE ROOM

JANUARY FILM
I AM MLK JR.
(2018, 1 HR 35 MIN.)

January 20th
12:00-1:35 PM
Fireside Room
RSVP at Front Desk
Max 20 guests



NATIONAL PUZZLE DAY

JANUARY 29TH
10:00 AM – 12:00 PM

PIONEER COMMUNITY CENTER
615 5th Street | Oregon City, OR

Celebrate National Puzzle Day!
Enjoy crosswords, word searches and
jigsaw puzzles designed for all skill levels.
Work independently or team up with
friends, with a relaxed, social way to keep
your brain active during the winter months!

RSVP @ 503-657-8287

DAY TRIPS & DINE OUTS

January 2026 Trips

January 7 | Portland Art Museum January 14th | McMenamins Kennedy School Movie
January 21 | Curiosities Vintage Mall January 28 | Babica Hen Cafe Dine Out

Check with the Reception Desk or call 503-657-8287 for trip openings this month!

In-Person Registration for February Trips

Friday, January 2nd at 9:00am



February 4 | Powell's City of Books

Iconic bookseller offering a diverse selection of used & new volumes, making it the largest independent bookstore in the world.



February 11 | Antique Alley

A shop offering a selection of antiques, from over 100 different vendors. Including furniture, lamp and lighting options, plus an owner known for his expertise and friendliness.



February 18 | Sweeede

Cozy cafe offers homestyle breakfast and lunch fare ordered at the counter in a bright, stylish space.



February 25 | Clark County Historical Museum

The Museum is in Vancouver, Washington located in the 1909 Carnegie Library and is operated by the Clark County Historical Society.



All registration will be in person.
You may sign up yourself and 1 other guest.



Meals are not included unless specified.

If you are not able to self-ambulate, please bring a caregiver to assist you on the trip.

Guests are unable to stay on the bus when it is stopped during the trip.

Cancellations: Must be made at least one week in advance to receive voucher.

Trips are subject to change or cancellation due to lack of participation, weather. Please call us for departure/return times and further information.

All trips depart and return to the Pioneer Community Center.

There are no early or late pickups available. Participants must have their own transportation to & from the Center.

Thank you.

**to all who
participated
in the 2025
Giving Tree!**



UPCOMING IN 2026

Valentine's Day Party



February 13 | 11:00AM - 12:00PM

Lunar New Year Activities



February 17

St. Patrick's Day Party



March 17 | 11:00AM - 12:00PM

Spring Closure 2026



March 23-27, Monday-Friday

National Walking Day



April 1 | 9:30AM

Easter Party & Egg Hunt



April 3 | 10:30AM

Volunteer Appreciation Luncheon



April 22 | 11:00AM - 12:30PM

FILL THE PANTRY FOOD DRIVE

WEEKLY DROP OFF
WEDNESDAYS
9:00AM - 4:00PM



**WHAT
WE NEED?**

UNEXPIRED & NON PERISHABLE
FOOD, HOUSEHOLD CLEANING
SUPPLIES, TOILETRIES &
PERSONAL CARE ITEMS

FOR MORE INFORMATION

503-722-3268
sryan@orccity.org

PIONEER
COMMUNITY
CENTER

615 5TH ST.
OREGON CITY, OR





HERITAGE HEIGHTS

Senior Living

WISHING YOU A

**HAPPY
NEW YEAR**

NEWLY RENOVATED

APARTMENTS

(AVAILABLE NOW)

COME FOR A VISIT!

(503) 656-8113




13637 GARDEN MEADOW DR



JANUARY CONGREGATE MENU

Menu items subject to change. Menu questions, call 971-204-0430



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>PIONEER COMMUNITY CENTER</p>  <p>503-657-8287 615 5th St. Oregon City, OR 97045</p>	<p>HAPPY NEW YEAR!</p>		<p>1</p>  <p>Pioneer Community Center CLOSED</p>	<p>2</p> <p>Teriyaki Meatballs w/Brown Rice Glazed Carrots Marinated Vegetable Salad Coconut Treasure Cake</p>
<p>5</p> <p>Herbed Chicken Patty w/Cordon Bleu Sauce Garlic Whipped Potatoes Carrots Whole Wheat Bread Fresh Orange</p>	<p>6</p> <p>Turkey Tetrazzini Fiesta Vegetables Peas Cornmeal Roll Tropical Fruit</p>	<p>7</p> <p>Sliced Ham w/Raisin Sauce Garlic Whipped Potatoes Italian Vegetables Squash Bread Cranberry Crunch Bar</p>	<p>8</p> <p>Turkey Pot Pie Chuckwagon Corn Broccoli Biscuit Fresh Apple Slices</p>	<p>9</p> <p>Breaded Pollock Fish w/Tartar Sauce Rice Pilaf Spring Chef Cut Vegetables Kidney Bean Salad Rye Bran Bread Hot Spiced Applesauce</p>
<p>12</p> <p>Breaded Chicken Patty on a Bun Parslied Potatoes Coleslaw Fresh Orange</p>	<p>13</p> <p>Orange Glazed Chicken Brown Rice Ginger Carrots Green Peas Diced Peaches</p>	<p>14</p> <p>A1 Chopped Steak Garlic Whipped Potatoes Club Spinach Onion Bread Tropical Fruit</p>	<p>15</p> <p>Beef Chili Macaroni Winter Vegetable Corn and Black Bean Salad Cracked Wheat Roll Blushing Pears</p>	<p>16</p> <p>Chicken Gumbo Dirty Rice Succotash Romaine Iceberg Salad Mandarin Oranges</p>
<p>19</p>  <p>Martin Luther King Jr Day</p> <p>Pioneer Community Center CLOSED</p>	<p>20</p> <p>Roast Pork w/Apple Cranberry Sauce Whipped Potatoes Italian Vegetables Sunflower Roll</p>	<p>21</p> <p>Sloppy Joe on a Bun Broccoli Coleslaw Blushing Pears</p>	<p>22</p> <p>Homestyle Pork Patty w/ Pork Gravy Mashed Spiced Yams California Vegetables Seven Grain Bread Fresh Apple Slices</p>	<p>23</p> <p>Hearty Turkey Stew Mixed Vegetables Apple Cranberry Coleslaw Oat Bran Roll Spiced Peaches</p>
<p>26</p> <p>Meatloaf w/Brown Gravy Whipped Potatoes Peas and Carrots Rye Bran Bread Pineapple Tidbits</p>	<p>27</p> <p>Chicken Mushroom Bake San Francisco Vegetables Whole Kernel Corn Multigrain Roll Tropical Fruit</p>	<p>28</p> <p>Beef Patty w/Peppers & Onions Rosemary Red Diced Potatoes Creamed Spinach Oat Bran Roll Golden Fruit Cup</p> 	<p>29</p> <p>Chicken Soft Taco Pinto Beans Chuckwagon Corn Pineapple Tidbits</p>	<p>30</p> <p>Salisbury Steak w/Brown Gravy Whipped Potatoes Brussel Sprouts Glazed Carrots Multigrain Roll Fresh Apple Slices</p>

COMMUNITY RESOURCES & SUPPORT

CONNECTING IN CENTER AND COMMUNITY RESOURCES TO SENIORS, FAMILIES & FRIENDS

INFORMATION AND REFERRAL

Staff can connect individuals with services available at the Center and provide information and referrals to community resources.

Social Services Coordinator
Shirley Ryan 503-722-3268 or
sryan@orccity.org

LAW PROJECT

Clackamas County residents (60+) may schedule a free half hour consultation with a volunteer attorney to discuss estate planning.

By appointment only.
Please contact staff at
503-722-3268.

PAYMENT DROP OFF

No postage necessary. Drop off the following bills at the Pioneer Center: PGE, NW Natural Gas, Clackamas River Water, OC Water and OC Garbage. Bills are mailed out Monday through Friday.

FOOT CARE CLINIC

Clinic is offered on Tuesdays and Fridays by appointment only. The fee is \$45, paid directly to the RN. Appointments call 971-204-0428.

TAX AIDE

The Center hosts a yearly AARP Tax-Aide service starting February through April. By appointment only.

PGE UTILITY SUPPORT

Heating and Cooling assistance is available for low income seniors in Oregon City and West Linn. By appointment only. For more information call 503-722-3268.

CLACKAMAS COUNTY AGING AND PEOPLE WITH DISABILITIES RESOURCES

Assistance with Medicaid, Medicare, SNAP/Food Stamps, Benefit screenings. For more information call
971-673-7600

TRANSPORTATION SERVICES

PIONEER CENTER BUS SERVICE

For ages 60+ or adults with disabilities in Oregon City or West Linn. Oregon City riders call 971-221-9391.

West Linn rides please call
971-347-7493.

Reservations can be made up to seven days in advance. Suggested donation: \$1.00 each way.

Additional Resources

TRANSPORTATION REACHING PEOPLE (TRP)

For more information or to schedule a ride, call 503-655-8208.

TRI-MET LIFT PROGRAM

Pre-registration required.
Call 503-962-8000 for information and requirements.

SUPPORT GROUPS

CLACKAMAS COUNTY FAMILY CAREGIVER SUPPORT PROGRAM 503-650-5622

GRIEF RELEASE GROUP

2nd & 4th Thursdays, 1:30-3:00pm.
Share your thoughts, feelings and learn how others cope. For more information, please call Bristol Hospice at 503-698-8911.

ALZHEIMER'S SUPPORT GROUP

2nd Tuesday of each month.
1:30 - 3:30
For family members and caregivers.



PIONEER
COMMUNITY CENTER
503-657-8287
615 5th St.
Oregon City, OR 97045

NUTRITION SERVICES

MEALS ON WHEELS

For homebound seniors 60+. Serving Oregon City, West Linn, Beavercreek, and Redland. Please contact us for more information at 503-722-5979.

CONGREGATE DINING

Lunch is served Mon - Fri
11:00am-12:00pm
in the dining room.
Suggested donation 60+ is \$3.00.
Under 60, the cost is \$4.50.

COMMUNITY SERVICES

MEDICARE BENEFITS ASSISTANCE

Trained SHIBA volunteers help older adults understand their health insurance benefits. Call SHIBA at 503-655-8269.

HOUSING RIGHTS & RESOURCES CTR.

GENERAL HOUSING INFORMATION regarding landlord-tenant laws, fair housing, housing-related issues, and can assist with finding lower cost housing in Clackamas County. Call HRRC at 503-650-5750.

SENIOR LONELINESS LINE

Free confidential service for adults 55+ in Clackamas County experiencing loneliness or isolation. Call 503-200-1633, 24/7, 365 days a year.

SENIOR COMPANION PROGRAM

Volunteers providing companionship to older adults. Call 503-655-8875 for more info.

HEALTH EQUIPMENT LOAN

For medical equipment loans or to donate please contact Glenn or Jean at 503-829-7345.

VETERANS AFFAIRS BENEFITS

Contact Clackamas County Veteran Service Office 503-650-5631 if you have questions. Office open M-Th.