



## Pool Rules & Regulations

This list of pool rules is not necessarily a complete listing of all facility regulations. For more information or an interpretation of any of the following swimming pool rules, please see a staff member. Aquatics staff have the discretion to exercise their judgment while enforcing these and other rules to assure that patron conduct does not endanger others.

### **General**

- Children under 9 must be supervised by a responsible adult aged 13 or older
- Running is not permitted at any time
- Horseplay is not allowed
- Please follow the instructions given by lifeguards and other staff members
- Guests must not hang on the pool ropes
- Throwing or dunking of other patrons is not allowed
- No sitting or standing on another's shoulders or back
- Parents may carry a child on their back as long as there is no choking involved
- Diving is only allowed in the designated area by the slide
- Weaker swimmers may be asked to swim in the shallow area

### **Equipment Usage**

- Diving blocks are only to be used by the swim team under a coach's supervision
- Personal pool toys may only be used with the approval of the supervisor on duty
- Noodles are not to be used to harm others (hitting people or the water)
- Balls are not to be thrown hard
- Guests with lifejackets are not allowed past the 6 ft. mark, on the diving board or on the slide
- Lifejackets or "Learn-to-Swim suits" need to be Coast Guard approved and checked by a lifeguard
- Noodles, mats and balls are not allowed past the 6 ft mark.
- Dumbbells and kick boards are only to be used for swimming lessons, lap swims and water aerobics

### **Slide**

- Only one person is permitted on the slide platform and/ or ladder at a time
- Guests must ride the slide feet first, either seated or laying on their backs
- Guests must not stop themselves midway while riding the slide
- The rider in front of you must have reached the wall before you can climb the ladder
- Eyewear is not to be worn while riding the slide
- Guests may be required to pass a swim test before being permitted to ride the slide

### **Diving Board**

- Only one person at a time is allowed on the diving board
- Guests must jump straight off the end of the diving board
- Jumping backwards off of the diving board or spinning in circles is not permitted
- Guests in line must wait for the person in front of them to get to the wall before climbing the ladder to the diving board
- The diving board area is for diving board use only
- Eyewear is not permitted on the diving board
- Guests may be required to pass a swim test before being permitted to use the diving board
- Rash guards only on the diving board; no t-shirts allowed

### **Basketball**

- Players must not touch the basketball rim
- The basketball may only be shot from inside the pool
- If the game becomes too rough, the players will be warned; continued rough play will result in the game being terminated
- Hands up defense; no roughhousing

### **Consequences for rule infractions**

- 1<sup>st</sup> infraction: staff will provide a warning
- 2<sup>nd</sup> infraction: staff will place the guest on a 5 minute time out and explain the rules thoroughly
- 3<sup>rd</sup> infraction: staff will place the guest on a 10 minute time out and inform them of the next consequence (supervisor will be informed)
- 4<sup>th</sup> infraction: the guest will be expelled from the pool with the supervisor's assistance