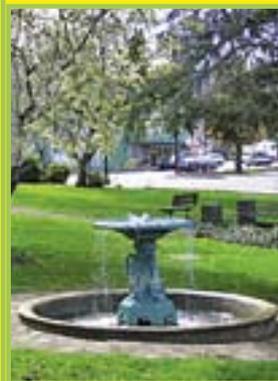


City of Oregon City

# TRAIL NEWS



**PARKS, RECREATION & LIBRARY Programs & Services**  
**COMMUNITY Events & Information**  
**CITY News, Services & Information** **SPRING 2010**





**O**regon City has three new opportunities to seize and support.

**A New City Manager**—By the time you read this, we will likely have selected an experienced and skilled city administrator for our city. The high quality of the applicant pool was a reflection of the good opportunities Oregon City offers and of the excellent management provided by retiring manager Larry Patterson. The selection process gave community leaders, city staff, and citizens an opportunity to meet the candidates and express their views on the future of Oregon City. What an opportunity to renew our partnerships and reset our vision!

**A Preserve America Community**—Oregon City is one of only six communities in Oregon to be selected for this prestigious designation. First Lady Michelle Obama wrote to the citizens of Oregon City on February 2, 2010: *“Your community holds a treasured place in the American story, and it is through your vision and dedication that our history will be upheld and our*

*future will be renewed.”* We are now eligible for matching grants to support our efforts in historic preservation, heritage tourism, and community revitalization. What an opportunity to turn our historic resources into economic assets!

**Improved Facilities**—Watch for the Dedication of the Willamette Terrace, McLoughlin Boulevard enhancements, and Jon Storm Park this Spring. With the moving of a former Southern Pacific depot and more parking, our Amtrak Station will be finished in June. We are in serious negotiations with the school district regarding the use of Eastham School for our city library, and with the National Park Service over the transfer of historic Ermatinger House. Two citizen groups are debating the future of Carnegie Center and the End of the Oregon Trail Interpretive Center. What an opportunity to solve city problems through collaboration and building reuse!

These new opportunities will continue to improve our livability and our prospects for creating and retaining jobs in Oregon City.

*Seize the opportunity by the beard, for it is bald behind.*

—Bulgarian Proverb

**CITY DEPARTMENTS**



**The Mayor & City Commissioners** are volunteers who do not keep regular office hours. They may be reached via voice mail at 503-657-0891.

**City Commission Meetings** are held the first and third Wednesdays of each month at 7:00pm in the Commission Chambers at City Hall. Any citizen is welcome to address the Commission on any subject at the beginning of each meeting. City Commission regular meetings are streamed live on the Internet at [www.orcity.org](http://www.orcity.org) and are available on demand following the meeting. Willamette Falls Cable broadcasts meetings live on Channel 23 at 7:00pm and rebroadcasts them throughout the month. For a schedule call 503-650-0275 or logon to [www.wftvaccess.com](http://www.wftvaccess.com).

**Mayor**—Alice Norris  
**Commission President**—Doug Neeley; **Commissioners**—James J. Nicita, Rocky L. Smith, Jr. & Daphne Wuest  
**City Manager**—Larry Patterson  
**City Recorder**—Nancy Ide  
**Finance Director**—David Wimmer  
**Human Resources Director**—Jim Loeffler  
**Police Chief/Public Safety Director**—Mike Conrad  
**City Engineer/Public Works Director**—Nancy Kraushaar  
**Community Development Director**—Tony Konkol  
**Community Services Director**—Scott Archer  
**Economic Development Manager**—Dan Drentlaw  
**Library Director**—Maureen Cole

<b>City Government Contacts</b> ..... (Area Code 503)	Police Business.....657-4964	Clackamas County Commissioner .....655-8581
Emergency Service .....911	Public Affairs.....657-0891	Eastham Community Center ..... 785-8520
City Hall .....657-0891	Public Works Operations.....657-8241	Fish & Wildlife .....657-2000
Building Dept.....722-3789	Public Works Engineering .....657-0891	Oregon City School District ..... 785-8000
Code Enforcement.....496-1559	Recreation.....496-1565	<b>Community Contacts</b> .....(Area Code 503)
Community Services .....496-1546	Swimming Pool & Activity Registration ....657-8273	McLoughlin House .....656-5146
Fire Business.....742-2670	South Fork Water Board.....657-5030	Oregon City Soccer .....672-9264 ext. 484
Library .....657-8269	Water Billing.....657-8151	Oregon City Youth Baseball & Softball ....632-0569
Mountain View Cemetery .....657-8299	<b>Other Government Contacts</b> ..... (Area Code 503)	Oregon City Youth Football.....632-0547
Municipal Court.....657-8154	Animal Control.....655-8628	Redland Baseball..... <a href="http://www.redlandball.org">www.redlandball.org</a>
Parks Department .....496-1201	Clackamas Community College.....657-6958	Stevens-Crawford House .....655-2866
Pioneer Community Center.....657-8287	Clackamas County.....353-4400	Tri Cities Adult Softball Association .....659-2992
Planning Dept .....722-3789		YMCA.....657-9795



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## DEDICATION CEREMONY

### Celebrating OC Riverfront Improvements

This event will celebrate and dedicate the “Willamette Terrace” and 99E/McLoughlin Blvd Enhancement Phase 1 and the Jon Storm Park Improvements.

**Wednesday, May 19 | 10:00am–12:00pm**

In the vicinity of the “Willamette Terrace” and Jon Storm Park



## DON SLACK—OREGON CITY’S 2010 CITIZEN OF THE YEAR

Each year, Oregon City honors an outstanding volunteer who has made a deep and positive impact on the City as our Citizen of the Year. Although this year’s recipient was surprised by the announcement at the Chamber of Commerce’s annual meeting, it was no surprise to those in the room who recognized that, because of Don Slack, our Main Street program is a growing success!

As the founding president of Main Street Oregon City, Don is passionate about Oregon City’s future. He even drove his tractor down Holcomb Hill to Main Street and back, in the pouring rain at 5 miles per hour—just to assist with the Downtown Clean-up! This energetic volunteer not only gives large chunks of his time, but also contributes financially to the city causes he supports. He was the very first private sector donor to the Main Street program.

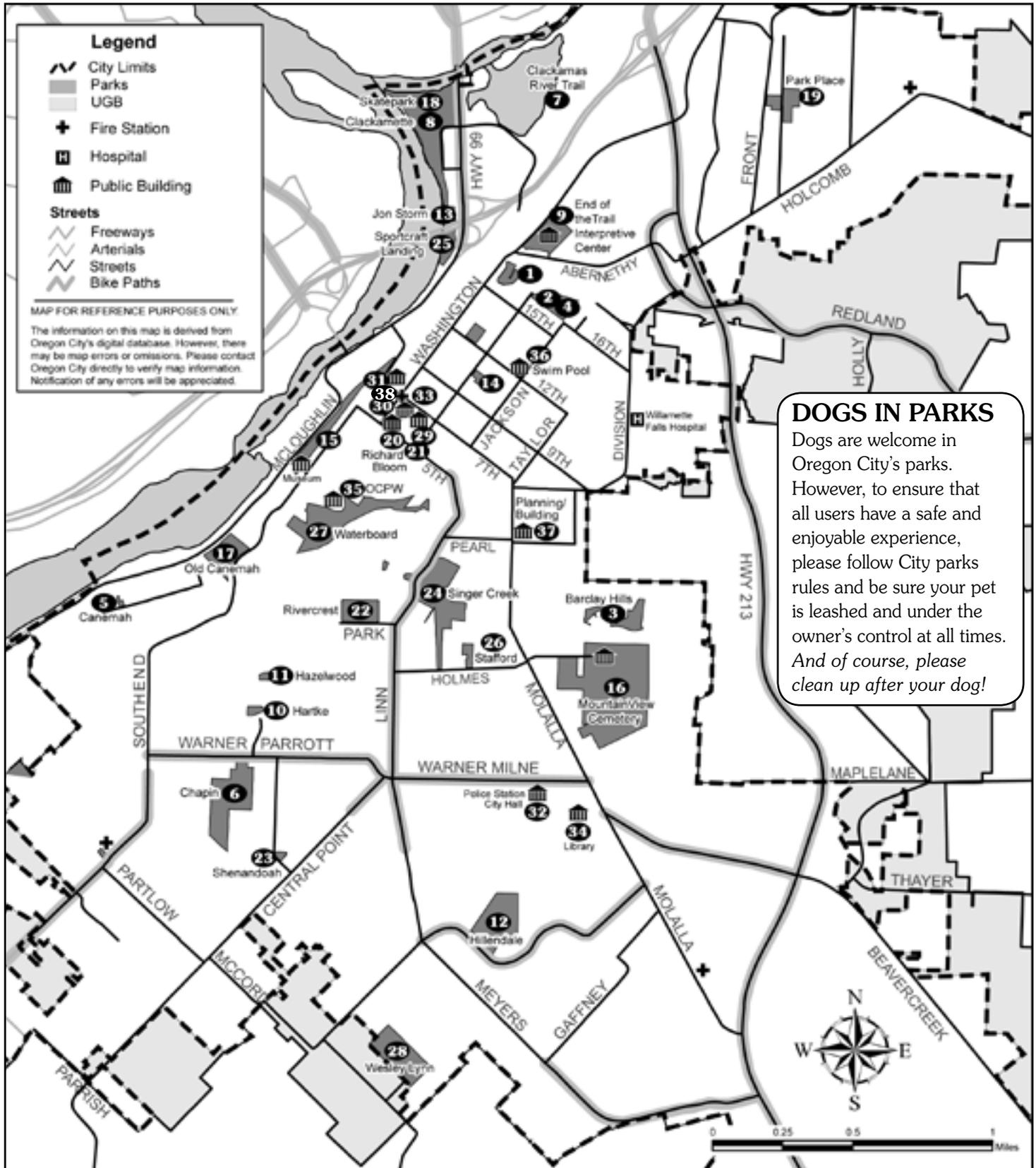
Besides serving on our Transportation Advisory Committee and as Chair of our Urban Renewal Commission, Don has his fingerprints all over the changes on Main Street. His high energy, work ethic, inclusiveness, and depth of experience have all contributed to the success we are seeing in the Downtown. From the initial organization of the Main Street Board and recognition by the Governor, to façade improvements, signage, special events such as the First Friday Art Walk, to advocating for housing in the downtown, this amazing volunteer has truly made a difference in Oregon City. Thank you, Don, for making Oregon City a better place to live, work and play.

**Photo Usage**—On occasion the Oregon City Parks & Recreation staff may take photos of participants enrolled in recreation programs, events or people on Parks & Recreation properties. Such photos are for Parks & Recreation use only and may be used in future publications or flyers.

**Cover Photos**—New City Hall, Dave Davidson Location Photography; Spring in Oregon City, Kathy Wiseman

**Graphic Design**—©Gwen Speicher/Gwen’s Graphic Solutions

**CITY OF OREGON CITY PARKS & FACILITIES MAP**





### PARKS OFFICE INFORMATION

Office Hours .....Monday–Friday | 8:30am–3:30pm

#### Parks Department Staff

- Larry Potter..... Parks/Cemetery Maintenance Manager
- Richard Reed..... Park Maintenance Specialist III
- Steve Little ..... Park Maintenance Specialist III
- Mark Anderson..... Park Maintenance Specialist III
- Jon Waverly..... Park Maintenance Specialist II
- Gavin Bruhn..... Park Maintenance Specialist II
- Jamie Davie ..... Office Specialist II
- Cathy Mitchell ..... Office Assistant

### MAJOR CITY PARKS

- 6** Chapin Park—340 Warner Parrott Road
- 8** Clackamette Park—1955 Clackamette Drive
- 12** Hillendale Park—19260 Clairmont Way
- 13** Jon Storm Park—1801 Clackamette Drive
- 19** Park Place Park—16180 Front Avenue
- 22** Rivercrest Park—131 Park Drive
- 28** Wesley Lynn Park—12901 Frontier Parkway

### CITY FACILITIES

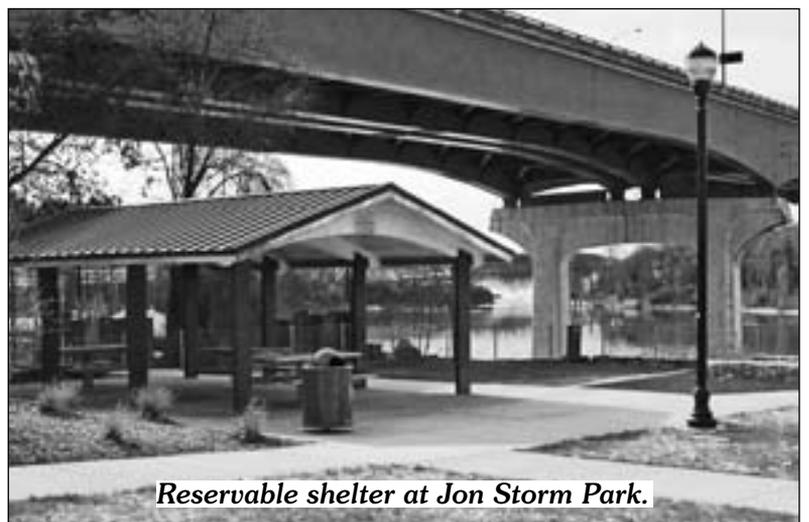
- 4** Buena Vista Clubhouse—1601 Jackson Street
- 29** Carnegie Center—606 John Adams Street
- 38** City Hall—625 Center Street
- 9** End of the Oregon Trail Interpretive Center  
1726 Washington Street
- 30** Ermatinger House—616 6th Street
- 33** Main Fire Station—624 7th Street
- 31** McLoughlin House—713 Center Street
- 16** Mountain View Cemetery & Parks Operations  
500 Hilda Street
- 20** Pioneer Community Center—615 5th Street
- 37** Planning & Building—221 Molalla Ave, Suite 200
- 32** Police Station, Municipal Court &  
Code Enforcement—320 Warner Milne Rd
- 34** Public Library—362 Warner Milne Road
- 35** Public Works—122 Center Street
- 36** Swimming Pool—1211 Jackson Street

### CITY BOAT DOCKS

- 8** Clackamette Park—1955 Clackamette Drive  
A 2-lane launch, 2 reservable picnic shelters, and restrooms.
- 13** Jon Storm—1801 Clackamette Drive  
A transient dock with 72-hour moorage, a pump-out station, restrooms, 1 reservable picnic shelter.
- 25** Sportcraft—1701 Clackamette Drive  
A 2-lane launch with floats and a restroom.

*See page 6 for additional information about Parks and Facilities, including reservations.*

RECREATION AREAS & FACILITIES		Basketball	Boat Dock	Boat Launch	Meeting Rooms	Playground	Restrooms	Shelters for Rent	Soccer	Softball/Baseball	Spray Park	Tennis	Trail Access	Walking Paths
<i>Reservation Information—page 6</i>														
1	Abernethy Creek Park													
2	Atkinson Park													
3	Barclay Hills Park													
4	Buena Vista Clubhouse													
5	Canemah Children’s Park													
6	Chapin Park													
7	Clackamas River Trail													
8	Clackamette Park													
9	End of the Oregon Trail													
10	Hartke Park													
11	Hazelwood Park													
12	Hillendale Park													
13	Jon Storm Park													
14	Latourette Park													
15	McLoughlin Promenade													
16	Mountain View Cemetery													
17	Old Canemah Park													
18	Oregon City Skatepark													
19	Park Place Park													
20	Pioneer Community Center													
21	Richard Bloom Tots’ Park													
22	Rivercrest Park													
23	Shenandoah Park													
24	Singer Creek Park													
25	Sportcraft Park													
26	Stafford Park													
27	Waterboard Park													
28	Wesley Lynn Park													



*Reservable shelter at Jon Storm Park.*

## PARKS NEWS & EVENTS

### Eagle Scout Project—Buena Vista Clubhouse Exterior

Life Scout Jake Wooten of BSA Troop 60, comes one step closer to making the rank of Eagle Scout, the highest rank a Boy Scout of America Youth Scout may obtain. To earn the rank, he is required to lead an Eagle Scout Leadership Service Project by formulating, planning, carrying out and completing a viable community service project.

For his project Jake, in partnership with Larry Potter, Oregon City Parks Maintenance Manager, chose to refurbish the exterior of the historical Buena Vista Clubhouse located in Atkinson Park at 1602 Jackson Street in Oregon City. The Buena Vista Clubhouse was originally built in 1917 as a residence. In 1924 it was donated to the City of Oregon City by Charles Surfus to be used as a community center. It remains in use as such today.

The project entailed replacing rotting wood, scraping, sanding, priming and repainting the exterior under Jake's leadership. Jake was accompanied by fellow youth Scout members Matthieu Kinney, Ben Scott, Ashton Benjamin and Justin Love. Also volunteering their time were adult Scout leaders, Oregon City Parks and Recreation employees and members of the City of Portland Police Bureau. Approximately 95 collective hours of time were committed to the completion of Jake's Eagle Scout Leadership Service Project. The project commenced November 7, 2009 and was completed January 9, 2010.

*Story and photos courtesy of Bob Kinney, Scoutmaster, BSA Troop 60.*

*At right: Jake Wooten (second from left) and his team of Volunteers >>*



## ACCOMMODATIONS & PRIVATE EVENTS

### Park Shelter & Facility Reservations

Did you know that our park shelters and facilities may be used for special events such as **weddings, receptions** and **rehearsal dinners**? Clackamette, Hillendale and Rivercrest Parks are all great outdoor locations with covered shelters and surrounding grass areas that can be reserved for special events. The Buena Vista Clubhouse is also a great venue for a special event. Please contact us for rates and availability.

The Oregon City Parks office takes reservations for shelter use up to one year in advance. Shelters and parks can be viewed at the city website: <http://www.orcity.org/parksandrecreation/shelter-reservations>.

#### THERE ARE THREE WAYS TO MAKE A RESERVATION:

- 1— Call Park Operations at 503-496-1201
- 2— Stop by the office at 500 Hilda Street, weekdays 8:30am–3:30pm
- 3— Send us an email. We'll check availability and call you within 24 hours.

Jamie Davie: [jdavie@orcity.org](mailto:jdavie@orcity.org) -or-

Cathy Mitchell: [cmitchell@orcity.org](mailto:cmitchell@orcity.org)

Reservation charges must be paid in full to hold the reservation.

**RV Park at Clackamette Park**—The RV Park is located at the southwest end of Clackamette Park. We offer 35 sites with water and electricity, and an RV dump station located at the park entrance. Maximum stay is 10 days. Spaces are available on a first-come, first-served basis only. Prices are \$20 and \$25 per night, depending on location. Payment is by cash, VISA or MasterCard only. We **DO NOT** accept checks.

**Rent the Buena Vista Clubhouse**—Are you looking for a place to hold your upcoming family or company holiday party? The Buena Vista Clubhouse is the perfect venue to hold your next event. The Buena Vista can be rented in four-hour time blocks and can accommodate up to 45 people comfortably. Call our office for availability and rates.

*To learn more about any of the activities or services offered here call us at 503-496-1201.*



## MOUNTAIN VIEW CEMETERY OFFICE INFORMATION

### Mountain View Cemetery Staff

Larry Potter..... Parks/Cemetery Maintenance Manager

Richard Reed... Park Maintenance Specialist III

Jamie Davie..... Office Specialist II

Cathy Mitchell.. Office Assistant



### ANNUAL SPRING CLEANUP

**Friday, May 7 | 8:00am–Noon**

Looking for a volunteer project in your community? If so, please join us for our annual Spring Cleanup Event at Mountain View Cemetery. Each year, our staff is joined by community groups, students and other enthusiastic volunteers to help clean up the cemetery for spring. Free lunch and refreshments are provided for all volunteers. For more information about the event, or to sign up to participate, please contact our office at 503-496-1201.

### Office Hours

Monday–Friday | 8:30am–3:30pm

*To learn more about any of the activities or services we offer call us at 503-657-8299.*



### MEMORIAL DAY CELEBRATION

**Monday, May 31 | 10:00am**

Join us for Mountain View's annual Memorial Day Celebration! This year's ceremony will feature keynote speaker Dave Hunt, Oregon's Speaker of the House; an aerial fly-over by airmen of the 142nd Fighter Wing; presentation of colors; playing of Taps; placing of wreaths; music from local middle school band; historic tours of the Pioneer Cemetery; activities for children, and food and refreshments. We hope you will join us as we celebrate this day to remember, reflect and honor those we have lost.



## RECREATION REGISTRATION & FEES

**How to Register**—You can register for all recreation programs online at [www.orcity.org/parksandrecreation](http://www.orcity.org/parksandrecreation). Swim lesson registrations can be done online, in person at the Swimming Pool (1211 Jackson St.) or by calling 503-657-8273. For information about new class offerings and updated information, go to [www.orcity.org/parksandrecreation](http://www.orcity.org/parksandrecreation).

**Scholarship Information**—Scholarships for recreation programs are available to qualifying Oregon City residents. For more information call Rochelle Parsch at 503-496-1572 or pick up an application at one of our facilities.

**City Resident Discount**—A resident is any person who lives inside the city limits of Oregon City. Non-residents pay a higher fee for classes and activities since they do not pay Oregon City property taxes which help fund Parks and Recreation programs.



### KARATE

#### Kenpo Karate [Beginner/Intermediate] Ages 6 years & up

Learn self-defense skills in a martial arts system originating hundreds of years ago in China. Kenpo karate will teach you physical and mental self-defense skills which are both usable and practical. Technical skills will include situations, ju-jitsu holds, ground skills, balance and coordination drills, and relaxation exercises. Uniforms optional; information will be provided at the first class. Nine group lessons. Private sessions with a personal trainer are available for an additional fee—Schedule with instructor, David Barnes.

Mondays | March 29–May 24 | 5:30–6:30pm | OC Pool  
\$99 Resident | \$119 Non-Resident | \*Registration Deadline—March 15

#### Kenpo Karate [Advanced]

**Requires previous Martial Arts experience or instructor's permission.**

Learn self-defense skills in a martial arts system originating hundreds of years ago in China. Kenpo karate will teach you physical and mental self-defense skills which are both usable and practical. Technical skills will include situations, ju-jitsu holds, ground skills, balance and coordination drills and relaxation exercises. Uniform information will be provided at the first class. Uniforms are optional. Nine group lessons. Private sessions with a personal trainer are available for an additional fee—Schedule with instructor, David Barnes. **Class will be physically demanding.**

Mondays | March 29–May 24 | 7:00–8:00pm | OC Pool  
\$99 Resident | \$119 Non-Resident | \*Registration Deadline—March 15



#### Kumite Karate [Sparring] Ages 6 years & up

This class may be added to the Kenpo Karate Class. Special equipment is required for safe participation; see instructor David Barnes for information. Students must be enrolled in Kenpo Karate to take Kumite Karate.

Mondays | March 29–May 24 | 6:30–7:00pm | OC Pool  
\$48 Resident | \$68 Non-Resident | \*Registration Deadline—March 15



### POOL & PARTY ROOM RENTALS

Rent the swimming pool and party room for your special occasion!

The indoor heated swimming pool and 2,000 square foot Party Room are available for private rentals on Saturdays, 2:00–8:00pm.

Pool rental starts as low as \$67 per hour with lifeguards provided.

Party room rates start at \$13.75 per hour.

Reservations & Info—Call 503-657-8273



## New! STROLLER STRIDES Fitness for Moms! Fun for Babies!

Join a fitness program moms can do WITH their babies. Class includes power walking, body toning by use of exercise tubing and the stroller. Any exercise level welcome!

Children ride in strollers and are kept entertained throughout the workout with songs, games and fun interaction.

There are no age restrictions, but children must ride in a stroller during the class. You do not need a jogger. Please use a stroller not prone to tipping (an umbrella type is not recommended). Arrive 10 minutes prior to the start of class. Bring: water, sunscreen, a towel/mat for our ground exercises and rain gear, if needed! Class will meet rain or shine. Come prepared to have fun and sweat during this fantastic workout!

The instructor is nationally certified by Stroller Strides in pre/postnatal fitness. Stroller Strides has over 400 locations nationwide!

Wednesdays & Fridays | 9:30–10:30am  
Chapin Park, 340 Warner Parrott Rd

### SESSION 1

April 14–June 4 (8 weeks)  
Register by April 5  
\$110 Resident / \$130 Non-Resident

### SESSION 2

June 9–July 30 (8 weeks)  
Register by June 1  
\$110 Resident / \$130 Non-Resident

### SESSION 3

August 4–September 24 (8 weeks)  
Register by July 26  
\$110 Resident / \$130 Non-Resident

### SESSION 4

September 29–October 29 (5 weeks)  
Register by September 20  
\$65 Resident / \$85 Non-Resident



New!
Fun!

## INDOOR PLAYGROUND & SWIMMING

When it's cold and dreary outside, join us at the Oregon City Swimming Pool for this new parent-child drop-in activity! Preschoolers and their parents can play at our indoor playground in the Oregon City Community Room on Tuesday & Thursday mornings. On Tuesdays, you can also swim in our heated pool with your child at no extra charge!

January 5—May 31

INDOOR PLAYGROUND	INDOOR SWIMMING
<p><b>Tuesdays &amp; Thursdays</b> <b>10:00am—Noon</b> Preschoolers can crawl through tunnels, play on trikes, bounce balls, slide, run, jump and just have fun! <i>Equipment is disinfected regularly!</i></p>	<p><b>Tuesdays*</b> <b>11:00am—Noon</b> Parents are welcome to swim with their children. <i>Lifeguards will be present!</i> <i>*Sorry, No Swimming on February 16   March 9   April 20   April 27</i></p>
<p><b>Drop-in Fee: \$2 per Child • Parents are FREE!!</b></p>	
<p>Children under 12 months old are FREE!!</p>	<p>Swimming is included in the drop-in fee.</p>

**Swimming Pool & Community Room**  
1211 Jackson Street, Oregon City | 503-657-8273



**THE OREGON CITY POOL HAS A BRAND NEW LOOK!**

**Thank you, Oregon City Commissioners, for your support!** In 2009, the Oregon City Pool underwent some much needed repairs and facelifts to address several deferred maintenance issues. Swing by the Oregon City Swimming pool to enjoy our professionally painted interior and exterior, brand new locker room & pool deck flooring, new hallway carpet, removal of dilapidated fencing, replacement of required fencing around the wading pool, new exterior lighting at the entrances, and a new roof. We also replaced the inefficient 33-year-old HVAC with new units. Thank you Summer Carnegie Concert attendees and Split the Bucks participants. Split the Bucks donations at the concert series assisted in the purchase of an ADA pool lift and entry stairs providing ADA access options into the pool.



*New paint & exterior lighting at the entrance*



*New ADA pool lift installed.*



*New ADA entry stairs installed.*



*Professionally painted interior/exterior*



*Deck, sinks and locker room floors refinished with a decorative, long lasting polymer coating.*



*Diving board was inspected, relocated and powder coated.*



*New carpet installed in hallway.*



## SPRING SWIM SCHEDULE.....Mar 31—May 30

Recreational Swim	Fridays	7:30 – 9:00pm
	Saturdays	12:30 – 2:00pm
Spring Break Rec Swim	Mon–Fri (Mar 22–26)	2:00–4:00pm
Family* Swim	Tuesdays	7:15 – 8:30pm
Adult Swim	Mon–Fri	8:00 – 9:00am
	Mon–Fri	1:00 – 2:00pm
	Saturday	11:00am – 12:30pm
Lap Swim (Number of available lanes may vary)	Mon–Fri	6:00 – 8:00am
	Mon–Fri	12:00 – 1:00pm
	Mon Wed Fri	5:00 – 6:00pm
	Tue Thu	5:00 – 6:15pm
	Saturdays	11:00am – 12:30pm
	Water Exercise (Shallow)	Mon Wed Fri
Tue Thu		6:15 – 7:15pm
Water Exercise (Deep)	Mon Wed Fri	8:00 – 9:00am
	Tue Thu	6:15 – 7:15pm
Water Exercise (Arthritis)	Tue Thu	8:00 – 9:00am

**Pool Closure:** Monday, May 31 (Memorial Day)

## ADMISSION PRICES

**R=Residents** Are those who live inside the city limits of Oregon City.  
**NR=Non-Residents** Pay a higher fee for classes and activities since they do not pay Oregon City property taxes which help fund the Parks and Recreation Programs. For more info, please ask our friendly front desk staff!

DROP-IN FEE Per Session	Youth (2–18)		Adult (19+)		Senior (62+)	
	R	NR	R	NR	R	NR
Recreational Swim	\$2.75	\$3.75	\$3.00	\$4.25	\$2.75	\$3.75
Water Exercise	\$3.25	\$4.25	\$3.50	\$4.75	\$3.25	\$4.25
Family* Swim	\$6.00 Resident Family*   \$8.25 Non-Resident Family*					
PUNCH CARDS Valid for Water Exercise, Lap, Rec & Adult Swim	10 Sessions		20 Sessions		40 Sessions	
	R	NR	R	NR	R	NR
Adult	\$29.00	\$43.50	\$50.50	\$75.75	\$83.50	\$125.50
Youth & Seniors	\$23.00	\$35.50	\$33.50	\$50.00	\$53.50	\$81.00
MEMBERSHIPS Includes Lap, Rec, Adult Swim & Family* Swim	INDIVIDUALS & FAMILIES*					
	1st Person or Individual		2nd Person in Family		Each Additional Family Member	
	R	NR	R	NR	R	NR
3 Month—Adult/Family	\$50.00	\$85.25	\$40.25	\$72.50	\$8.50	\$14.00
Annual—Adult/Family	\$100.50	\$170.50	\$80.75	\$136.25	\$16.50	\$27.25
3 Month—Youth/Senior	\$45.00	\$76.75	N/A	N/A	N/A	N/A
Annual—Youth/Senior	\$90.50	\$153.50	N/A	N/A	N/A	N/A
Water Exercise	With Membership—pay 50 cents per Class					

\*Family Swim & Memberships are for Parents/Guardians & Youth in ONE home

## Spring Break

### RECREATIONAL SWIMMING

Monday–Friday | March 22–26 | 2:00–4:00pm

## New! INDOOR PLAYGROUND & SWIMMING!!

See page 9 for details!

## WATER EXERCISE

All classes are available for non-swimmers.

**Shallow Water Exercise**—Come experience water aerobics! Work out in waist- to chest-deep water that is easy on the joints and body. The workout includes a warm-up, stretching, aerobic exercise and a cool-down. Recommended for all ages.

**Deep Water Exercise**—Join our Deep Water class and get exercise without impacting your joints. We'll work on building strength and flexibility while having fun! All abilities welcome, choice of exertion level will be offered. The only prerequisite is that you are comfortable in deep water. Good for expecting mothers, those recovering from surgery or injury, and anyone desiring a great workout.

**Arthritis Foundation Water Exercise Class**—This program combines the buoyancy of water and the soothing warmth of a heated pool to make a safe, ideal environment for relieving arthritis pain and stiffness. Gentle movements used in the program increase joint flexibility and range of motion while restoring or maintaining muscle strength.

## OREGON CITY SWIM TEAM

Oregon City Swim Team is a competitive swim team that promotes Lifetime Fitness, Character Growth and Personal Excellence through hard work and challenges, both in and out of the pool. OCST provides an environment in which swimmers of all abilities can develop to their fullest, whether they are beginners or world-class athletes. If you are interested in joining, contact the Swim Club at 503-655-4169 or email [ocst.coach@gmail.com](mailto:ocst.coach@gmail.com).

## POOL & PARTY ROOM RENTALS

Rent the pool and party room for your special occasion! The swimming pool and 2,000 sq.ft. party room are available for private rentals on Saturdays, 2:00–8:00pm. Pool rental starts as low as \$67 per hour with lifeguards provided. Party room rates start at \$13.75 per hour.

**AMERICAN RED CROSS SWIM LESSONS**

Please take time to read the information on the next page.

**IMPORTANT REMINDERS**

- Children should be placed in classes according to their age and previous swim experience. Know the last class your child was in, and please give this information at the time of registration. All participants will be tested in the first class period to ensure they are in the proper class. *Instructors have the right to determine your child's level of performance and place accordingly.*
- Remember: Swim lessons are different from other sports or activities. Children often need to retake a level two or three times to become proficient in their skills. Please consider this when registering your child for swimming lessons.
- If you have questions for your child's instructor please feel free to speak to them after class. But remember, they often have another class to teach within a few minutes.
- Remember that children 7 years and older are not allowed in the changing room of the opposite gender. If your child needs assistance, please make arrangements with the staff at the front counter.

**SWIM LESSON REGISTRATION**

*Please register early before classes fill!!*

**SPRING Registration** begins Monday, March 8.

**SUMMER Registration** begins Friday, May 7.

• **Online Registration**—[www.oregoncity.org](http://www.oregoncity.org).

*If Internet registration creates a hardship for you, please contact our staff for assistance.*

• **Phone and In-Person Registration**—503-657-8273

Oregon City Pool, 1211 Jackson St, Oregon City

• **Private Lessons**—Must register in person or by phone.

• **Gift Certificates**—Must register in person. Please present Gift Certificate at time of registration.

**SWIM LESSON FEES**

Residents live inside the city limits of Oregon City.

Residents..... \$35.50

Non-Residents..... \$53.00

Private Lessons..... \$20.00

Semi-Private Lessons (2 students)..... \$28.00

**SWIM LESSON SCHEDULE** *See next page for swim level descriptions and skills.*

GROUP LESSONS	SPRING Session-1 MWF	SPRING Session-2 MWF	SPRING Session-3 MWF	PRIVATE LESSONS			
SPRING Registration begins March 8	March 29–April 16	April 19–May 7	May 10–May 28	Monday–Saturday			
	<i>If classes are full, please add your name to the wait list. We do our best to open up more classes!</i>			We offer Evening and Saturday private lessons! Call to register: 503-657-8273			
SUMMER Registration begins May 7	SUMMER schedule can be viewed online by May 3, 2010 at <a href="http://www.oregoncity.org/swimmingpool">http://www.oregoncity.org/swimmingpool</a>						
LEVEL	<<<<All Lessons Last 27 Minutes>>>>						Lessons Last 27 Minutes
Water Babies	6:00	6:00   7:00	6:00				Evening Private Lessons 6:00   6:30   7:00
Swim Tots	6:00   6:30   7:00	6:00   6:30   7:00	6:00   6:30   7:00				
Level 1	6:00   6:30   7:00	6:00   6:30   7:00	6:00   6:30   7:00				
Level 2	6:00   6:30   7:00	6:00   6:30   7:00	6:00   6:30   7:00				
Level 3	6:30	6:30	6:30				Saturday Private Lessons 11:00   11:30   12:00
Level 4	7:00						
Level 5		7:00					
Level 6			7:00				

**\*\*\*\*\*If classes are full, please add your name to the wait list. We do our best to open up more classes!\*\*\*\*\***

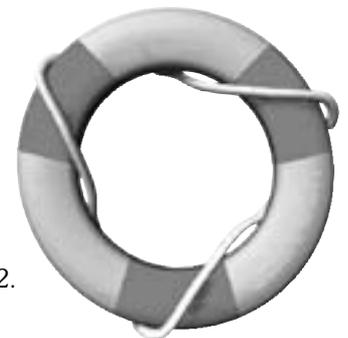
**LIFEGUARD TRAINING**

Participants must attend all four scheduled classes. The course focuses on the job of a lifeguard in a swimming pool environment. Class emphasizes victim recognition, surveillance, equipment-based rescues, and includes First Aid and CPR for the Professional Rescuer. Fees include all class materials. **PREREQUISITES:** The participant must be:

- at least 15 years of age
- able to swim continuously for 300 yards
- able to tread water for 2 minutes using legs only
- able retrieve a 10-pound brick from 7 feet of water and return it to the surface

Bring a swimsuit and towel...you will get wet. For more information, call Rochelle Parsch at 503-496-1572.

Wed & Fri | April 7 & 9 | 4:00pm–9:00pm [Two 5-hour classes]  
 Sat & Sun | April 10 & 11 | 8:00am–5:00pm [Two 9-hour classes]  
 Oregon City Swimming Pool  
 \$120 Resident  
 \$140 Non-Resident  
 Registration Deadline:  
 Monday, April 5





## POOL WISH LIST

Water Exercise Equipment; Life Jackets; Upgrades & Repairs such as: linoleum floor replacement in Community Room and hallway, acoustical tile replacement, old lifeguard equipment replacements, and curtain wall windows updating.

## POOL DONATIONS NEEDED

The Oregon City Pool is always seeking donations from the community and businesses to help fund various projects.

If you are interested in donating, please contact Rochelle Parsch, Aquatic and Recreation Supervisor at 503-496-1572. For your contribution you will be recognized in publications and signage.

*What swim level do I register my child for this season? See swim level descriptions below.*

## OREGON CITY'S SWIM LESSON PROGRAM

**WATER BABIES—PARENT & CHILD CLASS, FOR AGES 6 MONTHS–3 YEARS OLD.** This class will teach you and your child how to be comfortable in and around the water. Learn how to hold and play properly with your child in the water. Learn games that incorporate swim skills. This class allows for a safe and controlled environment to introduce your child to swimming lessons.

**SWIM TOTS—MUST BE 3 OR 4 YEARS OLD ONLY!** For the very beginner in the water. Class is conducted on the tot docks—platforms that sink in the water to change the depth of the pool—making it easier for children to stand and participate in lessons. Participants learn through play and games that incorporate basic water skills. To pass they must successfully demonstrate: Class participation | Submerge face for 3 seconds | 5 Bobs in chest-deep water | Blow bubbles | Enter and exit water independently | Front and back float with support

## AMERICAN RED CROSS LEARN-TO-SWIM PROGRAM

**LEVEL 1—INTRODUCTION TO WATER SKILLS.** Must be at least 5 years old, or if child is 4 years old you MUST show proof that child has passed Swim Tots to attend the class and child is unable to swim or float. Exceptions may be authorized by the supervisor. Please call for further inquiries. Children must also be over 50 inches tall. *(The 50-inch rule may be waived. However, it ensures the safety of your child and helps with the transition into deeper water where they won't be able to touch bottom if they are less than 50 inches tall.)*

This class does not use the tot docks! (See Swim Tots above.) It is very important that participants can touch the bottom of the pool. Participants will learn through games and skill practices. Skills they will learn and must successfully demonstrate to pass are:

Class participation | Submerge face for 3 seconds | Open eyes underwater and pick up an object | 10 chest-deep bobs | Blow bubbles | Enter and exit water independently | Front and back float with support—5 seconds | Explore arm and hand movements of treading water | Combined stroke on front and back with support—5 feet

### **LEVEL 2—FUNDAMENTALS OF AQUATIC SKILLS.**

Must be well adjusted to the water. Participants must be very comfortable with their faces in the water. Skills they will learn and must successfully demonstrate to pass are: Enter water by stepping or jumping | Holding breath and submerge entire head—3 seconds | Open eyes underwater and pick up submerged object | Front & back glide—2 body lengths | Change direction of travel with paddling, front and back unsupported | Flutter kick on front and back with arm actions, unsupported—15 feet | Explore treading water in chest-deep water | Stroke on front and back with arm actions—15 feet | Stroke on front and back using kick and alternating arms—goal 15 feet | Turn over from front to back and back to front unsupported | Swim on side with support—5 feet | Basic rescue skills

**LEVEL 3—STROKE DEVELOPMENT.** Builds on skills from Level 2. Skills participants will learn and must successfully demonstrate to pass are: Jump into deep water from the side | Head-first entry into deep water, sitting or kneeling position | Submerge and retrieve object in chest-deep water—3 times | Front and back glide using 2 different kicks | Change from vertical to horizontal in deep water, front and back | Tread water in deep water—30 seconds | Front and back crawl with rhythmic breathing pattern—15 yards | Elementary backstroke kick—15 yards | Butterfly kick and body motion—15 feet | Breaststroke kick—15 yards | General and personal water safety

**LEVEL 4—STROKE IMPROVEMENT.** Builds on skills from Level 3. Skills participants will learn and must successfully demonstrate to pass are: Dive in from side of deep water, compact or stride position | Swim underwater—3 body lengths | Feet first surface dive—submerge completely | Back float in the deep end—1 minute | Open turns on front and back—gliding at least 2 body lengths before stroking | Tread water—1 minute using 3 variations of kicks | Front and back crawl—25 yards | Breaststroke, butterfly, elementary backstroke—15 yards | Swim on side with scissor kick—15 yards | General and personal water safety, and basic rescue skills

**LEVEL 5—STROKE REFINEMENT.** Builds on skills from Level 4. Skills participants will learn and must successfully demonstrate to pass are: Shallow dive from the side of the pool | Shallow dive, glide 2 body lengths and begin any front stroke | Swim underwater—15 yards | Tuck and pike surface dives | Back float in the deep end—2 minutes | Front and back flip turns | Tread water using 2 different kicks—2 minutes | Front and back crawl—50 yards | Butterfly, breaststroke, elementary backstroke and sidestroke—25 yards | Survival swimming | Rescue breathing

**LEVEL 6—LIFEGUARD READINESS/PERSONAL WATER SAFETY.** Builds on Level 5. Skills participants will learn and must successfully demonstrate to pass: Front and back crawl—100 yards | Breaststroke, elementary backstroke, sidestroke and butterfly—50 yards | Front crawl, back crawl and sidestroke open turns | Front & back flip turns | HELP position | Huddle position | Feet-first surface dive—retrieve an object off bottom of pool | Pike and tuck surface dive—retrieve an object off bottom of pool | Tread water—5 minutes in deep water | Tread water, kicking only—2 minutes in deep water | Forward fall dive from diving board | Approach and hurdle off diving board | Forward jump and tuck off diving board | Skills with the Rescue Tube | Swim on back holding 10-lb brick out of the water—25 yards | Use a backboard for spinal injuries | Assist with a drowning victim

## HOURS OF OPERATION

**OPEN** ..... Monday–Friday | 9:00am–4:00pm

**CLOSED** ..... Saturdays, Sundays & days listed below:

Spring Cleaning—Monday–Friday, March 22–26

Memorial Day—Monday, May 31

**LUNCH** (see complete details at right):

- “Meals-on-Wheels” Deliveries: Monday–Friday | 10:30am–1:00pm
- Lunch & Dessert Bar: Monday–Friday | 11:30am–12:30pm

## GIFT CERTIFICATES

A Pioneer Center Gift Certificate would be the perfect gift for that person who has everything! They are available in any denomination and can be used for any of the following:

Pioneer Pantry ~ Trips ~ Lunches ~ Classes ~ Pedicures ~ Swing Band

## HELP YOUR SENIOR CENTER

**Donations Needed**—Coffee | Money for Nutrition Program | Office Supplies (pens, copy paper, etc.) | Sponsor a Popcorn Day for only \$10! | Sponsor a low-income senior for a trip—only \$15. *All donations are tax deductible.* Stop by the front desk for a receipt.

**Volunteers Needed**—Please call to find out how you can help. Some volunteer positions needed are: “Meals-on-Wheels” drivers, dining room hostesses, and serving groups (10:00am–1:00pm).

**Support Our “Meals-on-Wheels Program”!**—We’re seeking donations for our “Meals-on-Wheels” program, and need your support to cover the “Miles for Meals-on-Wheels” program. “Meals-on-Wheels” drivers deliver a well-balanced hot meal along with companionship to homebound seniors and the disabled. Using their own vehicles, they drive up to 60 miles each day Monday–Friday in the Oregon City, West Linn, Beavercreek, Holcomb and Redland areas. If you’re interested in making a donation to support a “Meals-on-Wheels” route, please call us at 503-722-5979.

**We Need Your Newspapers**—Please recycle your newspapers in our large drop box donated by B&B Leasing. All money raised helps fund the “Meals-on-Wheels” program. The easily accessible drop box is in our parking lot across from our main entrance. Every page counts! Help keep our drivers on the road delivering meals.

**A Big THANK YOU** to all the businesses and individuals who very generously supported our “Meals On Wheels” and other Pioneer Center programs in 2009. They include: *BCT, Haggens Food & Pharmacy, Weatherford’s Grand Lodge, Providence Willamette Falls Hospital, Mike & Lynda Orzen-Szeplakay, B&B Leasing, Oregon City Woman’s Club, Peter Yates, Oregon City Lions Club, Elting Incorporated, MD Brandenburg, First Presbyterian Church, First Baptist Church, Randall & Debra Soria., SW Nichols, Denyse McGriff, S. Johanson, Ed & Mickey Allick, & SL Roth.*

**“Santa Caper” Thank You** for donating small gifts or gift cards for our Senior’s Holiday Lunch: Bugatti’s, Buttons & Bows, Dairy Queen, Danielson’s, Double J Construction, Dutch Brothers Coffee, Handcrafted for You, KC’s Midway Bar, KFC Hilltop, Main St. Coffee Rush, McDonalds Hilltop, Muno’s Bakery, My Mother Knows Gifts, Penny’s Hallmark, OC Library Used Book Store, Walgreens, & Weatherfords.

## SENIOR SERVICES & PROGRAMS

**Nutrition Program**—Lunch with dessert bar is served Monday–Friday, 11:30am–12:30pm in the Pioneer Center’s Dining Room. Suggested donation for ages 60+ is \$2.50. Cost for under 60 is \$4.50. For more info call 503-657-8287.

**“Meals-on-Wheels” Service**—The Nutrition Program provides home-delivered noon meals to homebound 60+ seniors and the disabled in Oregon City, West Linn, Beavercreek, and Redland areas. Hot meals are delivered Monday–Friday 10:30am–1:30pm. Frozen meals are provided for closures, weekends and holidays. The service also provides a menu and a newsletter with upcoming service events and meal information. For more info call “Meals-on-Wheels” Coordinator Shirley Ryan at 503-722-5979.

**Grocery Shopping Trips**—For ages 60+ years or disabled. Call 503-657-8287 to schedule a ride. Shopping can also be scheduled in the mornings if time and space are available. Please call ahead as space and time are limited!

**MON**—Market of Choice (West Linn) **WED**—Albertsons  
**TUE**—Fred Meyer **FRI**—Haggens or Fred Meyer  
Pick-up starts at 12:45pm | Suggested donation \$1.00 each way

**Transportation**—For those 60+ or disabled residing in Oregon City’s Urban Growth Boundary and West Linn. Vans are lift-equipped.  
Suggested donation \$1.00 each way | Call to schedule a ride no more than 7 days in advance

**Pioneer Pantry**—One of Oregon City’s best kept secrets! Shop and save while helping to fund the Center’s Nutrition program. We receive a wide variety of canned & boxed products, produce and baked goods generously donated by OC’s Haggens & West Linn’s Albertsons. Items might be discontinued, nicked, dented, or close to their expiration date...but are still very usable! Come discover your savings!  
Every Tuesday & Friday | 9:00–10:30am | Closed: Mar 22–26

**Health Services**—Blood pressure & hearing testing, information assistance on medication discounts & Medicare prescriptions.  
2nd Tuesday of the month | 10:00am | Free

**Senior Law Project**—Local volunteer lawyers provide free legal advice one day a month for clients 60+ years old. For more info and to schedule appointments call Beth Koller at 503-722-3268.  
2nd Monday each month | On-going | By Appointment | Free

**Computers/Internet**—Computers with Internet access are now located in our Computer Lab.  
Monday–Friday | 9:00am–4:00pm | Closed: Mar 22–26, May 31

**Pedicures**—RNs Bea and Jan offer pedicures for seniors and the disabled at the Center. Bea has 30 years of experience with foot soaks, foot hygiene and cuticle care. Please tell the receptionist if it’s been a long time since you’ve had your nails done, or are a diabetic with foot problems, so she can allow sufficient time for you. Bring two towels. For more info or to schedule an appointment call 503-657-8287.

Every other Tuesday & every 2nd Wednesday | by Appointment  
\$25 | Pay RNs Bea and Jan directly | Closed: Mar 22–26



## DINE-OUTS

**First and third Mondays of each month.** Bus departs Pioneer Center at 11:30am. Meet at the Center by 11:00am or call 503-657-8287 in advance for a pick-up (suggested donation \$1 each way). Cost of lunch is on your own. Dine-Outs and restaurants are subject to change!

**Mar 1** .....L'IL COOPERSTOWN

**Mar 15** ...KC'S MIDWAY  
BAR & GRILL

**Apr 5** .....SALUTE (WEST LINN)

**Apr 19** ...BISCUITS

**May 3** ....RIVERSHORE  
BAR & GRILL

**May 17** ...CANBY DENNY'S

**Jun 7** .....TEBO'S

**Jun 21** ...TACHO'S

## FACILITY RENTALS

**LARGE, AFFORDABLE SPACE!** If you're looking for a large ballroom, a classroom or meeting space, please consider the Pioneer Community Center as a place for your gathering. With its beautiful ballroom, the Pioneer Center is ideal, whether you're having a simple event or a grand affair. Great for events such as:

- Weddings
- Meetings
- Birthdays
- Holiday Parties
- Retirement Parties
- Seminars
- Memorials
- Anniversaries
- Fund-raisers

**AMENITIES** make it ideal for large gatherings and events.

- 3,500 sq. ft. with a maximum capacity of 319 people
- Tables & chairs for 200, reception or theater style
- Ballroom with solid hardwood floor and an elevated stage for live band or a DJ, ideal for dancing and catered events.
- Additional rooms available for dressing or storage
- Food Service area
- Outside catering is allowed
- Non-Smoking
- Alcohol is permitted

**FOR MORE INFORMATION** or to make a reservation, please call Claire at 503-722-3781. Closed for Spring Cleaning: Mar 22–26



*Pioneer Center Ballroom. See also page 23 for info on 2009 upgrades to Pioneer Community Center.*

## 10-DAY "HERITAGE OF AMERICA" TOUR September 24—October 3, 2010

The Pioneer Center is partnering with *Collette Vacations and American Travel Bureau* to offer a 10-day tour to the East Coast to discover the "Heritage of America". Everyone is invited to join this tour group that will be visiting New York City, Philadelphia, Amish Country, Gettysburg, Williamsburg, Washington, DC and the Smithsonian Institute and much more. Rates begin at \$2600 and include round trip airfare, hotels, transfers, 13 meals, taxes and fees. Airfare can be separated from the price to lower the rate.

There will be an informative travel slide show about our exciting fall trip on **Thursday, April 8 at 3:00pm**. David Cook, Collette Tours District Sales Manager, will present and be available to answer questions. Light refreshments will be served. To sign up for the slide show or for more information about the tour, please call Claire at 503-722-3781.

## DAY TRIPS Tentative Schedule

- **For complete trip details please call or stop by the Center.** All Day Trips are scheduled for Wednesdays unless otherwise noted. All trips include a stop for lunch—you pay.
- **All trip and entrance fees must be pre-paid** before your name is added to the trip list. If there is an additional entrance fee we will notify you two weeks before the trip. Our trips are quite popular and we often have a waiting list.
- **No refund or credit is given to "no-shows."** The Center must be notified 2 weeks in advance if you cannot participate. Trips may be canceled by the Center due to lack of interest, illness or weather.
- **To register or to be placed on the waiting list,** stop by Pioneer Community Center or call 503-657-8287.

**Mar 24** .... **MARYHILL MUSEUM**—Experience the enchantment as you explore this museum set in a castle-like chateau, marvel at their world class collection of art including works by Rodin, Native Americans, Art Nouveau, 100 chess sets & more. Lunch at the unique Cousins' Restaurant in The Dalles.

**Apr 14** .... **WOODEN SHOE TULIP FARM**—Tiptoe through the tulips at Woodburn's tulip farm where you can buy flowers to take home or order some fall bulbs. We continue on to the Woodburn Outlet Stores where you can shop to your heart's content.

**April 28** .. **MT HOOD & TIMBERLINE LODGE**—Marvel at one of Oregon's architectural wonders on the slopes of Mt Hood. Built in 1937 as a WPA project, it welcomes over 2 million visitors annually. A tribute to the workers' skills, it was constructed almost entirely of local materials. Lunch stop at Sandy's Tollhouse Restaurant.

**May 12**.... **IRIS GARDENS, REED OPERA HOUSE, MISSION MILL MUSEUM**  
Visit Schreiner's 10-acre display Iris Gardens at their peak blooming season, then travel to Salem and shop the recently renovated 1870 Reed Opera House, followed by lunch at one of their 5 restaurants. We'll finish our trip at the Mission Mill Museum which produced wool products 1889–1962. The site is now home to several very early Oregon structures that were relocated there.

**CLASS INFO & REGISTRATION** Pioneer Center is Closed: **Monday–Friday, March 22–26 & Monday, May 31**

For more info or to register, please call the instructor if their phone number is listed. Otherwise, stop by the Center or call 503-657-8287.

- **Payment**—Cash/Check preferred; we also accept VISA. Full payment is due at registration.
- **Over 62 Discount**—Citizens 62 years and up qualify for the “Over 62” reduced-fee classes at the Pioneer Center. Please have ID available.
- **Cancellations**—Classes, programs or events may be cancelled due to lack of participation.
- **Refund Policy**—A full refund will be given ONLY if requested before the first day of class. No refund can be given if a class has already started.

**FITNESS & RELAXATION**

Closed: **Monday–Friday, March 22–26 & Monday, May 31**

**Cardio-Dance**

A high-energy, low-impact aerobic dance class for active adults who want to stay in shape. Bring a mat for cool-down.

Instructor—Shirley Hall.

Tuesdays & Thursdays | March 30–June 10 | 10:45–11:30am  
\$73 (Over 62 – \$36) | 11 weeks, 22 classes

**Cross-Training Program**

Get in shape for summer! This modified workout program is designed for overall body fitness. We will combine cardio, weight training and stretching exercises. Bring light hand-held weights and an exercise mat. Instructor—Shirley Hall

Mondays | March 29–June 7 | 9:30–10:15am |  
\$33 (Over 62 – \$17) | 11 weeks, 10 classes (No class: May 31)

**Gentle Pilates Stretching/Yoga**

Use Yoga movements and Pilates stretches to strengthen and promote more flexibility and balance. Please bring a mat and light hand-held weights. Adults of all ages welcome.

Tuesdays & Thursdays | March 30–June 10 | 9:30–10:30am  
\$98 (Over 62 – \$49) | 11 weeks, 22 classes

**Tai Chi [Beginning]**

This ancient Chinese movement improves strength, flexibility, concentration and balance by combining gentle physical exercise and mental discipline. The slow and controlled movements also strengthen muscles and reduce stress.

Instructor—Phyllis Crain.

Mondays & Wednesdays | March 29–June 9 | 10:40–11:25am  
\$70 (Over 62 – \$35) | 11 weeks, 21 classes (No class: May 31)

**Tai Chi [Intermediate]**

Continuation of form with further integration of breath and body, balance, relaxation and coordination. Increased emphasis on circular movement, softness and smoothness.

Instructor—Phyllis Crain

Mondays & Wednesdays | March 29–June 9 | 11:30am–12:15pm  
\$70 (Over 62 – \$35) | 11 weeks, 21 classes (No class: May 31)

**Taoist Tai Chi™ Taijiquan [Beginning]**

This internal martial art was developed by Master Moy Lin-shin improves health through a gentle set of 108 movements. Turning and stretching exercises your whole body. Restores calmness and peace of mind. Wear flat shoes and loose clothing. Call 503-2220-5970 or go to [www.taoist.org](http://www.taoist.org)

Monday | May 3–August 30 | 6:00–7:30pm (No class: May 31)  
Suggested Donation: \$180 (Students & Over 62 – \$120) | Cost includes International Taoist Tai Chi Society lifetime membership.



**Taoist Tai Chi™ Taijiquan**  
[Continuing/Intermediate]

This is a continuing/intermediate class for Society members who have taken the beginning class. This internal martial art was developed by Master Moy Lin-shin improves health through a gentle set of 108 movements. Turning and stretching exercises your whole body. Restores calmness and peace of mind. Wear flat shoes and loose clothing. Monthly donation suggested. This is a 17 week class. Call 503-2220-5970 or go to [www.taoist.org](http://www.taoist.org)  
Monday | May 3–August 30 | 6:00–7:30pm (No class: May 31)  
Suggested Donation: \$180 (Over 62 – \$120)

**Weight Room Orientation**

This individual weight training session introduces you to a personalized fitness program designed to meet your individual needs and goals. For adults 50 years and up. Call 503-657-8287 to make an appointment.  
By Appointment | Ongoing | \$20 | Closed: Mar 22–26, May 31

**Weight Training Room**

Adults 50 years and older can enjoy this room and exercise with others! Prerequisite—Weight Room Orientation is required.

Monday–Friday | Ongoing | 9:00am–4:00pm  
\$20 for 24 visits | Closed: Mar 22–26, May 31

**Yoga [Beginning]**

This class is for the yoga novice or someone who enjoys gentle flow yoga. We will focus on breathing and technique, with special attention on balancing and holding poses, as well as partner stretches. Dress comfortably; bring water and a yoga mat. New students with yoga experience are encouraged to attend. Relax and have fun! To register call Jenny at 503-419-9738.

Thursdays | April 1–June 3 | 5:30–6:30pm  
\$65 (Over 62 – \$60) | 10 weeks, 10 classes

**Yoga [Intermediate]**

This Yoga class introduces more intermediate poses and technique. We will focus specifically on balancing and holding poses as well as partner stretches. Dress comfortably; bring water and a yoga mat. New students with yoga experience are encouraged to attend. To register call Jenny at 503-419-9738.

Thursdays | April 1–June 3 | 5:30–6:30pm  
\$65 (Over 62 – \$60) | 10 weeks, 10 classes



## MUSIC & DANCING



Closed: Monday–Friday, March 22–26 & Monday, May 31

### Line Dancing

Learn the latest steps and the traditional ones, too. No partner needed.  
Tuesdays | On-going | 11:45am–1:30pm | Donation

### Pioneer Singers

If you enjoy singing choral renditions of show tunes and good time oldies, call instructor Melinda Byers for more info at 503-655-5644.

Fridays | 10:00am–12:00 noon | \$30 per semester

### Wednesday Afternoon Ballroom Dances

The Swing Street Glenn Tadina Big Band (16–piece band) and the Black Magic Band (14–piece band) jump and jive on alternating weeks at the Pioneer Center. Their great music ranges from the Swing, Cha-Cha, Tango and Rumba to the Waltz and Fox Trot, plus a variety of other dance rhythms. For each band's play dates, call 503-769-5598 or Glenn Tadina at 503-657-8257. Come early for lunch!

DANCE Wednesdays | Ongoing | 12:30–3:00pm | \$5/person

LUNCH 11:30am–12:30pm | 60 & under \$4.50 | 61+ suggested donation \$2.50

## ARTS & CRAFTS



Closed: Monday–Friday, March 22–26 & Monday, May 31

### Acrylic Painting

For beginners and experienced artists. Emphasis is on learning brush techniques, color mixing, shading and composition. Class includes painting landscapes, wildlife, flowers or your preference with one-on-one supervision.

Wednesdays | March 31–June 2 | 9:30–11:30am

\$89 (Over 62 – \$45) | 10 weeks, 10 classes

### Busy Bees

Have fun making crafts, sewing quilts and aprons, etc. for fund-raisers or simply working on your own projects in the company of others.

Mondays | Ongoing | 9:00am–Noon | Free | Closed: May 31

### Knitting & Crocheting [Beginning]

Learn basic knitting and crocheting stitches. Bring your own needles and yarn. For more information or to register please call instructor Janice Tipton at 503-829-8031.

Wednesdays | March 31–June 2 | 10:00am–12:00pm

\$20 | 10 weeks, 10 classes

### Oil Painting

For beginners and experienced artists. Emphasis is on learning brush techniques, color mixing, shading and composition. Class includes painting landscapes, wildlife, flowers, or your preference with one-on-one supervision. Please pick up a supply list at the center.

Wednesdays | March 31–June 2 | 12:30–2:30pm

\$89 (Over 62 – \$45) | 10 weeks, 10 classes

### Watercolor with Melissa Gannon

Explore the exciting, challenging medium of transparent watercolor! Learn to mix colors, the basics of composition, elements of perspective and drawing. Supply list available at registration. All levels welcome.

Thursdays | April 1–June 10 | 11:00am–1:30pm

\$122 (Over 62 – \$61) | 11 weeks, 11 classes

## COMPUTER SKILLS



Closed: Monday–Friday, March 22–26 & Monday, May 31

Students will get hands-on practice during each 2–hour computer skills class. For fees, scheduling and more information call instructor Jerry King at 503-723-9497.

### Level 1—First Step

Instruction focuses on learning to communicate with the computer, including: Understanding the signs and symbols that a computer uses to communicate with you; the *minimize*, *maximize*, *restore down* and *close* commands; repositioning and resizing a window, saving and printing files; and an introduction to the Internet. Students also learn and practice mouse commands, and how to hover to identify program tools.

### Level 2—Computer Basics

This course opens with a survey of computer terminology and components. You will learn to set up folders and sub-folders in Windows, and create shortcuts to your desktop—skills that allow to you organize your files and find them fast. We'll also cover the different ways to connect to the Internet and the tools of a browser to find your way around, as well as the use of search engines and e-mail. You will send an e-mail to a friend and attach your picture.

### Level 3—Word Processing

Build on the basics to fine-tune your word processing skills. This class focuses intensely on increasing your typing skills by learning keyboard shortcuts instead of using the mouse. We'll also cover default settings and *copy*, *cut* and *paste* commands. You will work with macros, tables and explore mail merge.

## DROP-IN GAMES, GROUPS & MORE

Closed: Monday–Friday, March 22–26 & Monday, May 31

**AA**.....Meets weekly in the Center's Basement  
Sundays | 1:30–3:30pm

**BILLIARDS**...We have a beautiful pool table in our TV Room.  
Ask for pool balls at the front desk.  
Mon–Fri | 9:00am–4:00pm | Free

**BINGO** .....Our bingo group meets for fun and small cash prizes every week. A lively, friendly group!  
Thursdays | 12:30–3:00pm | 25¢ per card

**BRIDGE** .....Looking for Bridge Players! Call June Hawkins at 503-631-4034.

**CHESS** .....Games in Pioneer Center's Basement  
Tuesdays | 7:00–10:00pm | Free

**NARANON** ...Meets weekly in the Center's Basement  
Thursdays | 7:00–9:00pm

**PINOCHLE** ...These card players meet 3 times a week.  
Mon, Wed & Fri | 12:00pm | 25 cents

**POKER** .....Mondays | 12:00–3:30pm

**POPCORN!**...Every Friday | 10:00am | Free

**SCRABBLE**...Challenge this fun, friendly group every week.  
Fridays | 12:30–3:00pm | Free



Maureen Cole

**FROM OUR NEW LIBRARY DIRECTOR**

It's been non-stop since I arrived on August 1. It's hard to believe that, as I write this, it's been almost 5 months since I started as director. A lot has happened since the last Trail News was published.

- We celebrated our 100th birthday! Events during the last week of January brought birthday cake, music, pioneer living tips, poetry, and more music to the Library. Many people joined in the celebrations and showed their support. Thank you so much!
- We learned that Safeway is moving into our location. This means that the library must move—something that has been needed for a long time. As I write this, we are not sure where our future home will be, but we are hard at work at securing a location. Currently, we plan on being in the Danielson's location through the end of May. Perhaps by the time this is printed, we will all know where the library will be living next. I will be communicating this information as it is determined. We plan on staying open, except for the time it will take us to move. Consider volunteering to help with our move.
- Debbie Dodd, Library Manager and 30-year City of Oregon City employee will be retiring March 31. Debbie has done an amazing job at the Library and she will be sorely missed. Please stop by to wish Debbie luck in her next phase of life.
- Did you know we have a Facebook page? We do, and we need more fans. If you are a Facebooker, please look for "Oregon City Public Library" and join. I try to post something weekly so it's a good way to stay in touch.
- You can now sign up for 2 one-hour sessions of internet access per day at the Library!

*Thanks for using and supporting the Oregon City Public Library!*

**GENERAL LIBRARY INFO**

**Library Hours**

Monday, Tuesday & Wednesday..... 11:00am–8:00pm  
 Thursday, Friday & Saturday ..... 11:00am–5:00pm  
 Sunday..... 12:00pm–5:00pm

**Holiday Closures**

Memorial Day..... Monday, May 31

**Location**—You'll find us in the Danielson Hilltop Mall with an entrance facing the theatre. Look for the big blue stripe around our corner. For the latest information on the library's entire range of programs and services call us at 503-657-8269 or visit the library on the web.

**"SPRING CLEANING" Magazine & Book Sale**

The Friends of the Library is holding a combination magazine and book sale March 19–21 in the empty store space right next door to the library in the Danielson's Hilltop Mall. Hours are: Friday & Saturday 11am–5pm, Sunday 12–5pm. All books and magazines will sell for 25 cents each!

**FREE WI-FI Now at Oregon City Library!**

We are now operating an open network during library hours of operation—no password required. We require that you accept our rules of use. This agreement will be your initial page upon opening the internet. If your laptop will not connect automatically you may need to review a few settings: In Local Area Connection (and in Wireless Network Connection) right-click and select Internet Protocol. Click Properties and verify that BOTH "Obtain an IP address automatically" and "Obtain DNS server address automatically" are checked. If your laptop requires you to provide IP addresses manually, use: Static Gateway IP: 192.168.2.1 | Static IP: 192.168.2.150 | Subnet Mask: 255.255.255.0 In some cases, you may need to turn off your firewalls. If the network is down, we can call for support, but staff members are not trained to provide support for individual laptops. Our printers are not accessible to the network.

**FREE FAMILY CULTURAL PASSES Check 'Em Out!**

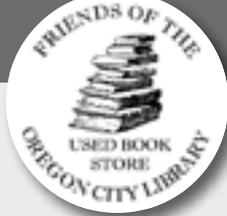
The libraries throughout Clackamas County offer for check out one-day family passes to local cultural venues. You can check out a pass at the library, and treat your family to a FREE adventure. To reserve a pass for a specific day, come in or call 503-657-8269. Participating venues include:

- The Chinese Garden
- Portland Children's Museum (CM2)
- The Japanese Garden
- The Crystal Springs Rhododendron Garden
- Pittock Mansion
- Portland Art Museum (it's BACK!)

**Come check out some free fun!**

**HELP US SERVE YOU BETTER Use Your Card!**

Each member is issued a FREE library card at registration. This is your key to checking out, renewing materials, picking up holds, and using the internet. Please bring your library card for prompt, accurate and secure services. If you've lost your card, please let us issue a new one to you. Using your ID requires staff to look up your information over and over, delaying your service as well as those next in line. You will also need your PIN for all online services. If you do not know it, stop by the circulation desk for look-up.



**Three Rivers Artist Guild**

**SHOP OUR NEW STORE!**

502 Seventh Street, Oregon City

◆ Books	◆ Art
◆ Music	◆ Cards
◆ Movies	◆ Gifts

Mon–Sat • 11:00am–6:00pm  
 Sunday • 12:00–5:00pm

**Friends of the Oregon City Public Library USED BOOK STORE & Three Rivers Artist Guild GALLERY**

## CHILDREN'S PROGRAMS

We have moved most of our special programs to Saturdays to allow more school-aged children to attend.

Sat, Apr 17 | Cuentos de libros en español con una visita especial por  
11:30am | Lynn Keating.  
Storytime in Spanish with special guest Lynn Keating.

## STORIES & CRAFT TIME

**Storyhours**—In the Oregon City Library storytimes, toddlers and preschoolers enjoy books, songs, rhymes and movement activities while building language and literacy skills. Your child's early experiences with books and language lay the foundation for success in learning to read. Regular times are as listed:

Preschool Storytime .....3–5 year olds ..... Tues & Weds..... 11:15am  
Baby & Toddler .....under 3 years..... Thursdays..... 11:15am  
Family Storytime .....all ages..... Saturdays ..... 11:30am

- *There will be NO STORYTIME on March 27 and May 22.*
- *Special programs are sometimes scheduled in place of the Family Storytime.*

**Craft Sessions**—Craft sessions for children ages 3–5 are held *immediately following the preschool storytime*. Although there is no charge for any of our children's programs, advance sign-up is required for the special craft programs below:

Mar 16 & 17 .....St Patrick's Day Craft  
Apr 13 & 14.....Spring in Bloom Craft  
May 4 & 5.....Mother's Day Craft

## SPRING BREAK KIDS' PROGRAMS

Mon, Mar 22...1:00pm.....Mad Science presents "Up, Up and Away"  
Wed, Mar 24....1:00pm.....Penny's Puppet Theatre presents  
"The Princess & the Peanut"  
Fri, Mar 26.....1:00pm.....Steve Lattanzi presents "Creature Feature"

## LIBRARY2GO & E-BOOKS

Thanks to a generous state grant, libraries in Clackamas County will soon have access to an expanded collection of e-books. Known devices that will work for the OverDrive e-books are the Sony Reader and Barnes and Noble's Nook. They will likely work on other portable devices as well, and OverDrive will be compiling a compatible devices list. The two formats are EPUB and PDF (used with Adobe Digital Editions software). The initial collection of these e-books should appear in Library2Go sometime in March.

## FOR YOUR LISTENING PLEASURE

The Oregon City Library has added Playaways to its audio book collection. What is a Playaway? It's the simplest way to listen to an audio book on the go. Playaways are portable units with the digital recording of the book already pre-loaded. Each unit holds an entire audio book, regardless of length. There is an automatic bookmark feature that remembers where you stopped listening. A standard AAA battery is included. All you do is plug in your headphones, turn the unit on, press play and enjoy your book.

We currently have over 100 titles in our collection, including adult, children's and teen titles...fiction and non-fiction. Playaways can be found in our media center. Check them out!

## FEDERAL TAX FORMS

The Internal Revenue Service provides the most common forms and instructions for free distribution in the nation's libraries. We are allowed to provide these forms only after December 2. However, our experience is that few forms are actually here by that date. We'll be displaying whatever we have received.

By a decision of the Oregon Department of Revenue, **there will be NO State forms available for distribution.**

Forms not supplied by the State or Federal government, may be available in the sets of reproducible forms, so you may photocopy what you need. Other forms and instructions are available through the IRS and Oregon Department of Revenue websites, which can be accessed via our free Internet computers.

Although not allowed to give any tax advice or recommend what forms may be appropriate in your situation, our reference librarians can help you locate specific forms or direct you to the websites where you can print your own.

## TAX DEDUCTIBLE LIBRARY DONATIONS

**Donations are much appreciated in these lean budgetary times!**

**Materials**—We happily accept donations of books, videos, compact discs and books on tape on behalf of the Friends of the Library. Money collected from sale of materials is used by the Friends for a variety of projects to improve library services. Items to be donated should be **marked** as donations and brought to the circulation desk.

**Please do not use our book drop for donations.**

**Favorite donations are:**

- Best-sellers still in demand
- Newer non-fiction works on contemporary, practical issues
- Paperback westerns, mysteries & large-print titles
- Children's books
- Music CDs
- Audio books
- VHS & DVD movies in good condition

**Not accepted are:**

- Old encyclopedias
- Fiction from the '60s, '70s & '80s
- Please do not bring moldy, smelly, dirty or damaged materials.
- Magazines
- Readers Digest
- Condensed Books

If you would like a receipt for tax purposes, ask for one at the time of donation. A value cannot be assigned to the items, but a notation of the number of items of each type will be made.

**Bucks for Books**—The Friends of the Library have established a donation jar at our front counter designated as Bucks for Books. Every penny deposited here is used to purchase books and audio-visual materials for our collection.

**Memorials**—The donation of funds for a book or other item in the memory of a loved one is a lasting memorial that also serves the community. Materials purchased with donations have a bookplate that lists the names of the memorialized and the donor. If the person in whose memory the funds are donated has a specific interest, the library staff is happy to work with the donor to obtain materials on that subject.

## CODE ENFORCEMENT FAQs Frequently Asked Questions & Answers

■ **Q: Can I store inoperable vehicles or other belongings under a tarp or membrane type structure?**

A: No. Inoperable vehicles may be stored in a garage only. All items under membrane structures must meet the Oregon City Municipal Code. Items stored in a permitted structure/garage are not regulated unless they are deemed to be a health or safety hazard.

■ **Q: What can be done with abandoned shopping carts in my neighborhood?**

A: Abandoned carts can be reported to NW Cart Retrieval at 1.888.55.CARTS.

## STOP THE INVASION

**English Ivy** was brought to this area for landscape plantings. Unfortunately, it found a home in a climate it loves with no natural enemies. It has become such a menace to our natural environment that the State Weed Board has classified it as a noxious weed. Metro describes the bad character of ivy as follows: “English ivy creeps up trees into the canopies, flowers and forms berries. Birds eat the berries and disperse seeds, which start new populations. The vines weigh down the tree branches causing them to break and can kill the tree. It forms a thick carpet on the forest floor and chokes out native vegetation.”

The citizens of Oregon City can help fight the ivy invasion in the following ways:

1. Don't plant ivy of any kind in your yard. It can quickly spread out of control.
2. If you already have ivy, the first priority is to keep it from climbing—that is when it starts producing seeds. Remove it from fences and trees by cutting through all the vines low on the tree trunk. The vines above will die and eventually fall naturally, relieving the tree of the competition for sunlight and reducing the weight load.
3. The second priority is to prevent ivy runners from escaping your yard into other areas. Cut and pull vines that are spreading out of control.
4. If possible, pull all the vines and underground roots, then monitor the area to pull out any remaining pieces that resprout.
5. Become knowledgeable about invasive plants. A great resource is [www.oregoninvasiveshotline.org](http://www.oregoninvasiveshotline.org). Report new invasive species that you see.
6. Join or start work parties to remove invasive species from our natural areas.

## CODE ENFORCEMENT REMINDER

**Streets and Sidewalks** — Spring and summer are just around the corner, and with the warmer weather comes an increased use of the streets and sidewalks. Remember to keep the sidewalks abutting your property safe and accessible for the use of the general public, including those with mobility and vision disabilities. Clearing debris, overgrown vegetation and maintaining sidewalks in good repair is all part of property ownership. Raised sidewalks, greater than ½” in height, may need to be repaired to meet ADA standards.

## COMPLAINT & CASE INFORMATION

**The city accepts all complaints**, including anonymous complaints. All are logged, prioritized and investigated. Complaints that are deemed unfounded are closed immediately. Complaints may be filed using the online form processor at [www.oregoncity.org/code-enforcement](http://www.oregoncity.org/code-enforcement) or by calling the Complaint and Information line at 503-496-1559.

## ADOPT-A-STREET

**The City of Oregon City** Code Enforcement Division would like to thank the McLoughlin Neighborhood Association and Stephanie Gillette's Bright Art for their continued efforts. For additional information about volunteer opportunities please contact Oregon City Code Enforcement at 503-496-1559.

## PREVENT PLASTIC BAG WASTE

**Consider the long-term impacts of plastic bags.** Plastic bags were invented to carry products and keep them dry. Now they come by the billions from many sources—grocery stores, shops, restaurants and dry cleaners. They enter your house and office on the phone book, magazines and newspaper. Although they cost less than paper bags and are slightly less environmentally expensive, plastic bags end up in a lot of places they shouldn't, creating a number of challenges.

- **Plastic bags do not go in curbside recycling containers.** At recycling facilities they clog the equipment that helps sort millions of pounds of mixed recyclables. Every day, thousands of pounds of plastic bags are cut from this sorting equipment and end up in the garbage. Plastic bags can be recycled but must be taken to recycling depots such as the Metro South Transfer Station, 2001 Washington St., Oregon City. They are also accepted for recycling at some local grocery stores.
- **Plastic bags are a huge part of our litter problem.** They constitute most of our roadside litter and the vast majority of floating debris in the ocean. Birds and marine life mistake them for food, and die, or send them up the food chain. Plastic attracts other pollutants and contributes to the acidity of the oceans. For some time a vast “island” of plastic trash has been growing in the Pacific Ocean (North Pacific Gyre).
- **The fact that plastic bags don't degrade in the landfill is not such a bad thing.** If they did, much more methane gas would be produced. However, the landfill isn't where they belong. Plastic bags can be used in making new products—if they get recycled correctly.

What can the average person do? Prevent waste by asking yourself: Do you need a plastic bag? Do you need a bag at all? For shopping the best solution is to carry reusable shopping bags.

For more info contact the Clackamas County Office of Sustainability at 503-742-4461 or e-mail [wasteinfo@co.clackamas.or.us](mailto:wasteinfo@co.clackamas.or.us).



## SHRED & RECYCLE EVENT

Saturday, April 24 | 9:00am–12:00pm

Oregon City Police is sponsoring a Spring 2010 Shred-It and Cell Phone Recycling Event at the Police Building, 320 Warner Milne Rd.

The Oregon City Police Department is now an official cell phone drop off location for the 911 Cell Phone Bank. The phones will be used to assist those in need, such as victims of abuse and senior citizens.

Items will be shredded on site by LeMay Shredding. The Shred-It Event provides the chance to protect personal identity and keep personal information out of the trash. A maximum of 2 boxes per person will be accepted at no charge. There will be a \$1 per box charge for additional boxes. Donations are welcome and will be applied to our Crime Prevention Funds (K-9 and Summer Camp).

For additional information, call the Police Department at 503-657-4964.

## 911 CELL PHONE BANK

The Oregon City Police Department will be assisting the 911 Cell Phone Bank by taking unwanted cell phones. The phones will be used to assist those in need, such as victims of abuse and senior citizens.

The 911 Cell Phone Bank has generated hundreds of thousands of dollars and provided tens of thousands of emergency cell phones to victim service organizations nationwide. Participants are relieved of the operational burden of managing an emergency cell phone program by receiving donated cell phones, then sorting, cleaning and repackaging them.

**MISSION STATEMENT:** To build a bank of no cost emergency cell phones for seniors in need and victims of abuse in local communities across the country, provide funds for used cell phones through law enforcement and affiliated agencies and enhance safety of seniors through partners and supporters with similar missions while offering another great reason to recycle cell phones and keep the environment from e-waste contamination.

## UNCLAIMED/FOUND PROPERTY For Auction

The Oregon City Police Department Property Division is required by law to hold unclaimed and found property 90 days before sending it to auction. Every attempt to contact the owner of the property is made before sending it to auction, but many times the owners are never found. The department sends miscellaneous items to auction every 3–4 months. The department encourages the citizens of Oregon City to contact Property Officer Wilson at 503-496-1608 if you have lost anything of value.

The most common items routinely sent to auction are:

**Bicycles | Tools | Jewelry | Lawn Ornaments**





**CLACKAMAS FIRE DISTRICT #1**

## BIKE SAFETY TIPS

### Be Sure to Check Equipment

- **TIRES** — Inflate to the level that is recommended on the sidewall of the tire.
- **CHAIN** — Oil it regularly and remove dirt.
- **HANDLEBARS** — Adjust for height as your child grows and tighten all bolts.
- **BRAKES** — Check for frayed cables and replace worn out brake pads.
- **SEAT** — Keep the seat level and adjust for height as needed.

### Safe Clothing

- Fluorescent or bright-colored clothes will help kids be visible on the road. Avoid dark colored clothing, especially during dusk and twilight hours.
- Lightweight clothes will help them avoid becoming overheated.

## PULL TO THE RIGHT FOR SIRENS & LIGHTS

**E**ach day emergency vehicles respond to urgent requests from the public. The call may be for a person that has stopped breathing, a fire alarm or a car accident. It is the concern of Clackamas Fire that response time for services be minimized. Precious minutes lost while en route to an emergency could be the difference between life and death. When you see or hear an emergency vehicle, pull to the right, safely and quickly!

### Emergency Vehicles

As we go about our daily business, we are watched over by law enforcement, fire rescue and emergency medical teams. As drivers, we need to be aware of what to do when one of these emergency vehicles ap-

*Please visit us at our website! You will find a vast amount of information about YOUR Fire District. Please contact us with questions and input. See you on the web!*

## VISIBLE ADDRESS

Be sure that your address numbers are very visible from the street. Make sure they are large enough; 4" to 6" is good.

The color of the numbers should be a different color than the background onto which they are mounted.

Do a test run and drive by your house at a slow speed to check whether you can see your address numbers quickly and clearly.

*If we can't find you, we can't help you. Seconds count!*



- Pant legs should not be too loose or flared. They could get caught in the chain.
- Choose shoes that grip the bikes pedals. Cleats, shoes with heels, or flip-flops can all create problems while riding. Kids should never ride barefoot!
- If a child wears a backpack while riding make sure straps are tied up to avoid getting caught in spokes or the chain.

### How to Fit a Bike Helmet

- The helmet should sit level on the head and low on your forehead—one or two finger-widths above your eyebrow. It shouldn't be tilted forward or backward.
- Center the left buckle under the chin. On most helmets, the straps can be pulled from the back of the helmet to lengthen or shorten the chin straps.
- Adjust the slider on both straps to a "V" shape under, and slightly in front of the ears. Lock the slider if possible.
- Buckle your chin strap. Tighten until it is snug, so no more than one or two fingers fit under the strap.
- Open your mouth wide... big yawn! The helmet should pull down on the head. If not, re-adjust for a good fit.

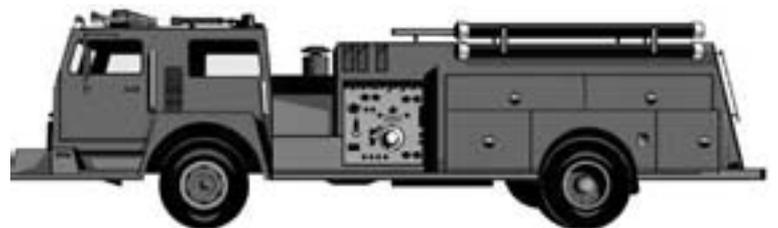


proaches. The Number One rule is: When you hear or see an emergency vehicle of any type approaching from the rear, **pull as far to the right as possible and STOP!**

- Stay at least 500 feet behind any moving emergency vehicle (fire truck, ambulance, patrol car) displaying flashing warning lights and sounding a siren.
- Drivers nearing a stopped emergency vehicle that has lights activated (unless otherwise directed by a law enforcement officer) must:
  - Vacate the lane closest to the emergency vehicle, if the highway has two or more lanes traveling in the direction of the emergency vehicle; or
  - Slow to a speed not more than 20 mph less than the posted speed limit when the posted speed limit is 25 mph or more; or
  - Slow to a speed not more than 5 mph when the posted speed limit is less than 25 mph.

### Once the emergency vehicle approaches you, should you start moving slowly?

**NO!** Remain off the side of the road until the emergency vehicle has passed. *Keep a foot on the brake so the brake lights let emergency vehicle drivers know you have stopped.*





## PIONEER CENTER UPGRADE

Last March, the Pioneer Community Center was given a new look. The Center's carpet had not been replaced for over 10 years, and it was badly worn and stained. The walls were dingy, and the furniture had seen better days. The seniors who volunteer here were desperate for a new look. So, we sat down and sketched out how we wanted our Center to look and feel like. With decorating input and the strong backs of the staff, we accomplished our goal.

The carpet was replaced, the walls were painted, a chair rail installed. New furniture was purchased, and seating areas were set up. With the generous help of donations and fund

raising, as well as building maintenance from the City, we now have a beautiful building that people are proud of.

If you have not been into the Pioneer Center recently, come on by and check us out!



BEFORE



AFTER

### What? I need a Permit?



To find out when you need a permit for your home project call the Oregon City Building Department 503-722-3789 or check this web site:

[www.ThinkPermit.com](http://www.ThinkPermit.com)

## OREGON CITY CIVIC IMPROVEMENT TRUST GRANT MEETING

The Oregon City Civic Improvement Trust (OCCIT) grant award meeting to review and approve proposals for the 2010–11 grant year will be held on at 5:30pm on Tuesday, March 30 at the Pioneer Community Center, 615 5th Street.

The OCCIT is a non-profit entity of the City of Oregon City, formed in 1982. The \$50,000 available for projects comes from hotel/motel taxes collected, and by City ordinance, is designated for projects that promote tourism within the City of Oregon City boundaries. Mayor Alice Norris serves as Chairman of the Trust, comprised of four citizens and the City Commission.

In 2009–10 the OCCIT awarded grant funds to eleven groups that promoted tourism by attracting people to Oregon City. Tourists and locals enjoyed music around the town, attended the Teddy Bear Parade, visited the Farmer's Market, learned about Oregon City and McLoughlin neighborhood history, rode around town in the trolley, enjoyed music and shopping at the 14th annual Antique Fair, saw hanging baskets around town and visited the Rose Farm.

For more information, contact Michele Beneville at 503-496-1542 or [mbbeneville@ci.oregon-city.or.us](mailto:mbbeneville@ci.oregon-city.or.us).

## METRO ENHANCEMENT GRANT APPLICATIONS

Grant applications are available for enhancement projects to be done between June 2010 and July 2011. The Oregon City–Metro Enhancement Committee (OCMEC) provides an excellent opportunity for the City of Oregon City and Metro to support critical neighborhood projects and helps fulfill the community's vision.

The program derives its funding from an intergovernmental agreement between Oregon City and Metro and is generated by a \$.50 per ton surcharge collected at the Metro South Transfer Station on Washington Street. Projects within the City of Oregon City boundaries will be considered and the deadline for applications is 3:00pm on May 5. The total amount available for grants this year is \$100,000 with \$25,000 being a maximum award. The OCMEC committee meets May 25 at the Pioneer Community Center starting at 5:30pm to review applications.

Information and applications for the grant program is available online at [www.orcity.org](http://www.orcity.org) or contact Michele Beneville for more information at 503-496-1542 or [mbbeneville@ci.oregon-city.or.us](mailto:mbbeneville@ci.oregon-city.or.us).



**NEIGHBORHOOD ASSOCIATION MEETINGS**

**BARCLAY HILLS NBRHD ASSN (BHNA)**

**General Meetings**  
 When 2nd Tuesdays | Jan, Apr, July, Oct | 7pm  
 Where Christ Church Apostolic  
 600 Barclay Hills Drive  
 Info Betty Mumm, Chair 503-657-5922  
<http://www.oregoncity.org/community/barclay-hills-neighborhood-association>

**CANEMAH NBRHD ASSN (CNA)**  
 Info Howard Post, Chair 503-650-4663  
 Nancy Chapman 503-657-6522  
<http://www.oregoncity.org/community/canemah-neighborhood-association>

**CAUFIELD NBRHD ASSN (CFNA)**  
**General Meetings**  
 When 4th Tuesdays | Jan, Apr, Jul, Oct | 7pm  
 Where Oregon City H. S. Rm B105  
 Info John Dingwall, Co-Chair  
[jayeagle2@gmail.com](mailto:jayeagle2@gmail.com)  
 Larry Hanlon, Co-Chair  
[larryhanlon@hotmail.com](mailto:larryhanlon@hotmail.com)

**CITIZEN INVOLVEMENT COUNCIL (CIC)**  
**General Meetings**  
 When 1st Monday every month | 7pm  
 Where OCPD Court Chambers  
 320 Warner Milne Road  
 Info Chris Taylor, CIC Liaison  
 503-496-1681 | [ctaylor@oregoncity.org](mailto:ctaylor@oregoncity.org)  
<http://www.oregoncity.org/publicinformation/citizen-involvement-council-cic>  
*For any questions regarding the neighborhood associations please feel free to contact the CIC Liaison at any time.*

**GAFFNEY LANE & HILLENDALE NBRHD ASSN (GLNA & HNA)**  
**Meetings**  
 When TBA  
 Where Berry Park Retirement Center  
 Info <http://www.oregoncity.org/community/gaffney-lane-neighborhood-association>  
*Need chairperson and other volunteers to help with Gaffney Lane NA. Call Chris Taylor at 503-496-1681 or [ctaylor@oregoncity.org](mailto:ctaylor@oregoncity.org) if interested.*

**HAZEL GROVE-WESTLING FARM NBRHD ASSN (HG-WFNA)**  
**General Membership Meetings**  
 When Thursdays | 7pm  
 Mar 18 | May 20 | Sep 16 | Nov 16  
 Where Oregon City United Methodist Church  
 18955 S. South End Road  
 Info Kathy Hogan, Co-Chair 503-657-9435  
<http://www.oregoncity.org/community/hazel-grove-westling-farm-neighborhood-association>  
*Volunteers are needed to help with the Association and with meetings. Come join us and volunteer for some of the committee's. We have a new chair for South End Neighborhood Association. We will have speakers at all the meetings.*

**MCLOUGHLIN NBRHD ASSN (MNA)**  
**General Membership Meetings**  
 When 1st Thursdays—even months | 7pm  
**Steering Committee Meetings**  
 When 1st Thursdays—odd months | 7pm  
<http://www.oregoncity.org/community/mccloughlin-neighborhood-association>

**PARK PLACE NBRHD ASSN (PPNA)**  
 Info Nancy Walters, Chair 503-722-9453  
[nancyrwalters@gmail.com](mailto:nancyrwalters@gmail.com)  
 Tom Geil, Vice Chair 503-722-0438  
<http://www.oregoncity.org/community/park-place-neighborhood-association>

**RIVERCREST NBRHD ASSN (RNA)**  
**Special Event—City-Wide Egg Hunt**  
 When Saturday | April 3 | 10am sharp  
 Where Rivercrest Park in Oregon City  
**General Membership Meeting**  
 When Thursday | March 18 | 7pm  
**Steering Committee Meeting**  
 When Thursday | May 20 | 7pm  
 Where All Meetings:  
 First Presbyterian Church  
 Corner Linn Ave & Warner Milne Rd  
 Info Diane McKnight, Chair 503-656-6435  
<http://www.oregoncity.org/community/rivercrest-neighborhood-association>

**SOUTH END NBRHD ASSN (SENA)**  
**Meetings**—Same as:  
 Hazel Grove-Westling Farm Nbrhd Assn  
 Info John Williams, Chair 503 657-2868  
<http://www.oregoncity.org/community/south-end-neighborhood-association>

**TOWER VISTA NBRHD ASSN (TVNA)**  
<http://www.oregoncity.org/community/tower-vista-neighborhood-association>

*For updated information about neighborhoods, meetings and events, visit [www.oregoncity.org/community](http://www.oregoncity.org/community).*

**CITY MEETINGS SCHEDULE**

Budget Committee.....	As Announced
Chief's Advisory Committee (Police & Fire) .....	As Announced
City Commission.....	1st & 3rd Wednesdays..... 7:00pm
Civic Improvement Trust.....	As Announced
Historic Review Board .....	Last Thursday..... 7:00pm
Library Board .....	2nd Wednesday—Feb, Apr, Jun, Aug, Oct..... 4:30pm
Metro Enhancement Committee.....	As announced
Parking Advisory Board.....	As Announced
Parks & Recreation Advisory Committee.....	4th Monday..... 7:00pm
Planning Commission .....	2nd & 4th Monday..... 7:00pm
Transportation Advisory Committee.....	3rd Tuesday..... 6:00pm
Urban Renewal Agency .....	As Announced





## WARNER MILNE ROAD Project Update

Oregon City received funding by the American Recovery and Reinvestment Act (ARRA) and local sewer and water funds for improvements along Warner Milne Road. Construction includes realigning Warner Milne Road at Molalla Avenue, rehabilitating the pavement along Warner Milne Road from Molalla Avenue to Beavercreek Road, upgrading underground sanitary, storm and water systems, and the construction of a rain garden. Parker Northwest Paving Company and their subcontractors began working on the project in September 2009 and are expected to continue through May 2010. A great deal of work has been completed thus far including:

- Installation of 1,550 feet of 12" sanitary sewer pipe
- Installation of 7 sanitary sewer manholes
- Installation of 800 feet of 8" ductile iron water main
- New sanitary sewer laterals
- Installation of 500 feet of 16" ductile iron water main
- New water service connections
- Permanent trench and landscaping restorations
- Installation of a temporary traffic signal
- Installation of 800 feet of conduit for traffic signal interconnection
- Installation of signal pole foundations at the Warner Milne Road/Molalla Avenue intersection
- Private utility relocations

A traffic control plan has been implemented in order to assure safety of the construction site. Though all driveway accesses will remain open, Warner Milne Road from Beavercreek Road to Molalla Avenue is only open to local traffic during the construction work week. Flaggers will direct traffic around the sections of the street being worked upon. Dur-

ing non-construction hours, the road will remain open in both directions. A construction zone speed limit of 20 miles per hour will be in effect until completion of the project.

Oregon City is proud to partner with State and Federal agencies to help make Oregon City a safer and more sustainable city. Thank you again for your continuing patience during construction. For questions about the project, please contact Aleta Froman-Goodrich at [afromangoodrich@orcity.org](mailto:afromangoodrich@orcity.org) or 503.496.1570. For construction updates and schedule, visit [www.orcity.org/publicworks/warner-milne-road-beavercreek-molalla-avenue-0](http://www.orcity.org/publicworks/warner-milne-road-beavercreek-molalla-avenue-0).



## McLOUGHLIN PROMENADE Project Update

Nestled atop the bluff overlooking downtown Oregon City, the McLoughlin Promenade provides a breathtaking setting for a stroll in the park. The land for the park was donated to Oregon City in 1851 by Dr. John McLoughlin and later constructed with a grand staircase and a concrete pathway lined by stone walls in 1938, under the Works Progress Administration (WPA). In 2009, the City was awarded just over \$1 million in federal funds through the American Recovery and Reinvestment Act, and approximately \$160,000 from Urban Renewal funds to restore the safety and historical integrity of this local treasure.

Pioneer Waterproofing and their subcontractors have been hard at work since the project started this past summer. Thus far, they have reconstructed the grand staircase, rebuilt sections of stone wall, wall caps and pier caps, as well as replaced mortar on the rock walls. Sections of the Promenade walkway will be closed, with detour routes, until the project is completed this summer.

Oregon City is proud to partner with State and Federal agencies to restore this local treasure and put Americans back to work. We thank you for your patience during construction and invite you to take a stroll up the grand staircase and enjoy the view! For questions about the project, please call Laura Butler at 503.496.1550 or email [lbutler@orcity.org](mailto:lbutler@orcity.org). For construction updates and schedule see the City's website at [www.orcity.org/publicworks/mcloughlin-promenade-restoration-0](http://www.orcity.org/publicworks/mcloughlin-promenade-restoration-0).



## WATER DIVISION—Drinking Water Quality News

**D**o you have an irrigation (sprinkler) system for your landscaping? Spring is an excellent time to schedule that annual backflow assembly test. By having the assembly tested prior to the irrigation season you can be confident that it is doing the job for which it is intended—helping to keep our drinking water safe.

Under normal conditions, Oregon City's water supply is pressurized to keep water flowing to your tap. Unforeseen circumstances, such as the need to fight a fire, or when a water main breaks can suddenly change the pressure in the supply piping. Water can actually be siphoned back from your tap (or your sprinkler system) to the City supply. This "backflow" has the potential to contaminate the drinking water in your home as well as the public water supply.

Backflow prevention devices are installed to protect against contamination caused by backflow conditions. All irrigation systems—new or existing—must be equipped with an Oregon-approved backflow prevention device. Only properly installed, state-approved backflow prevention devices meet plumbing code and provide protection for the health of your family and neighbors.

Prior to installing an irrigation system, speak with someone in the Building Department at 503.722.3789 or visit [www.orcity.org/building](http://www.orcity.org/building). You can find out if the type of backflow prevention you plan for your system requires a plumbing permit. Three of the four types of backflow prevention require testing after installation, and then annually thereafter, to make sure they are working properly.

*If you would like a list of state-certified backflow assembly testers, if you have additional questions about backflow prevention, or if you have any concerns about Oregon City's drinking water quality, contact Gail Johnson at 503.657.8241, extension 107 or [gjohnson@orcity.org](mailto:gjohnson@orcity.org). Clackamas River Water customers can contact Vance Voyles for backflow prevention information at 503.722.9244 or [vvoyles@crwater.com](mailto:vvoyles@crwater.com), or call 503.722.9241 with any other drinking water questions or concerns.*



## STORMWATER DIVISION—Improving Water Quality

**U**rban stormwater is polluted by our everyday activities. We can improve water quality in some easy ways—by making mindful decisions about lawn care and vehicle maintenance, and by being responsible pet owners (scoop the poop!). Not all water quality issues are so obvious.

One challenge Oregon City faces is lowering the temperature of the stormwater that ultimately flows into the Clackamas and Willamette Rivers. Urban development has disrupted original watershed processes, especially by the removal of riparian vegetation. This has resulted in elevated water temperatures that can negatively impact coldwater fish and other coldwater aquatic species.

As required by the Oregon Department of Environmental Quality (DEQ), Oregon City has developed an implementation plan that describes how the City will address the need to lower water temperature. One of the most cost-effective and relatively simple methods is to restore native riparian vegetation along the edges of streams. Shade, from trees and other riparian plants, has been shown to be more effective in temperature reduction when streams are 20 feet wide or less.

Most of the tributaries of the Clackamas and Willamette that flow through Oregon City's urban growth boundary are less than 20 feet wide, with many being less than 10 feet wide. An analysis of opportunities for planting to provide additional shade resulted in a list of potential sites. The City plans to allocate annual funding for this long-term plan to restore riparian vegetation. The City will continue working with

volunteers, environmental groups, community college education programs and other volunteer interest groups to further inventory and prioritize appropriate sites.

*Does a stream flow through your property? Are you looking for ways you can help improve water quality in Oregon City? Get more information from the Greater Oregon City Watershed Council at <http://www.oregonwatersheds.org/oregoncouncils/oregoncity>, or contact Oregon City Public Works at 503.657.8241.*





## CLACKAMAS RIVER WATER PROVIDERS—Water Conservation Tips

**E**xcept for the air we breathe, water is the single most important element of our lives. It is too precious to waste. Sometimes it's difficult to understand why we need to conserve water. We live in the Pacific Northwest so we have all the water we need, right? Not necessarily! As our communities grow, our water needs grow. And as our water needs grow, so can the cost of making water. We all need to use our water more wisely to make sure we have enough water when we need it and to reduce the cost of developing new supplies, to leave more water in the rivers for fish and recreation, and to make sure you get your money's worth.

*Water conservation is something we all can practice. Not only is conservation the **smart** thing to do, it's the **right** thing to do.*

### Saving Water Indoors

The following are everyday tips and ideas about how you and your family can use water more efficiently in and around your home. \*Savings are based on a family of four.

1. **TAKE A SHALLOW BATH INSTEAD OF A SHOWER.** (Saves 15–20 gallons per day) If you take a shower make it a quick, 5-minute shower. Install a shower timer.
2. **DON'T USE THE TOILET TO DISPOSE OF TRASH.** (Saves 400–600 gallons per month)
3. **TURN OFF THE WATER WHILE BRUSHING YOUR TEETH.** (Saves 3 gallons per day)
4. **USE A WATERLESS HAND CLEANER** to wash greasy hands, and don't let the water run. (Saves 7–10 gallons per day)
5. **TURN OFF WATER WHILE SHAVING.** Rinse your razor by swishing it in a partially filled sink. (Saves 3 gallons per week)
6. **WHILE WAITING FOR THE SHOWER WATER TO GET HOT, SAVE THE WATER FOR HOUSE PLANTS IN A BUCKET.** (Saves 100–300 gallons per month).
7. **RUN ONLY FULL LOADS IN THE WASHING MACHINE AND DISHWASHER.** (Saves 75–200 gallons per week) Replace old appliances with newer water-efficient appliances.
8. **USE LOWEST WATER LEVEL SETTING ON YOUR WASHING MACHINE** for light or partial loads.
9. **KEEP A BOTTLE OF COLD WATER IN THE REFRIGERATOR** for drinking instead of running the faucet. (Saves 200–300 gallons per month)
10. **DEFROST FROZEN FOOD IN THE REFRIGERATOR,** instead of running water over the packages. (Saves 50–250 gallons per month)
11. **RINSE VEGETABLES IN A FILLED SINK** instead of running water. (Saves 150–250 gallons per month)
12. **USE THE GARBAGE DISPOSAL LESS,** start a compost pile for your garden. (Saves 50–150 gallons per month)
13. **WASH DISHES WITH THE LEAST AMOUNT OF DETERGENT POSSIBLE** to minimize rinsing. Fill one sink with soapy water and one with fresh water. (Saves 50–150 gallons per month)
14. **DRY SCRAPE DISHES INSTEAD OF RINSING.**
15. **DON'T TAKE WATER IN A RESTAURANT IF YOU DON'T WANT IT.** You'll save the water in the glass and the water used to wash the glass. (Collectively saves millions of gallons a year)

### Other Ways to Save Water Indoors

1. **FIX LEAKING FAUCETS AND SHOWER HEADS.** A leaky faucet can waste up to 20 gallons of water a day. If the water is hot, you are heating the water before you waste it. This is true for the kitchen, bathtub and shower faucets.
2. **FIX LEAKING TOILETS.** A silent leak can waste more than 50 gallons of water a day. Did you know older toilets account for almost 40% of the water you use indoors? This means that those toilet leaks can waste lots of water and cause higher water bills.
3. **INSTALL LOW-FLOW FIXTURES AND APPLIANCES** such as kitchen and bathroom faucet aerators, shower heads, HWT WaterSense toilets, washing machines and dishwashers.
4. **INSTALL LOW-FLOW SHOWER HEADS.** The shower accounts for approximately 20% of indoor water use, and 40% to 50% of hot water use. You can save water and energy in your shower with a new low-flow shower head. They're designed to maintain a refreshing spray and operate within a range of 1.5 to 2.5 gallons of water per minute.
5. **INSTALL FAUCET AERATORS.** Older faucets can use 7 gallons of water per minute. Kitchen and bathroom faucets can be replaced with low-flow faucet aerators, which are available in sizes ranging from .5 to 2.5 gallon per minute. Replacing old aerators with new, more efficient ones can save a lot of water.
6. **LOW-FLOW TOILETS.** Flushing older toilets can account for up to 40% of your indoor water use. Older toilets can use from 3.5 to 7 gallons per flush. New HET or High Efficiency Toilets use 1.28 gallons or less per flush. EPA WaterSense labeled toilets are a high-performance, water-efficient option worth considering. If every American home with older, inefficient toilets replaced them with new WaterSense toilets, we would save nearly 640 billion gallons of water per year, equal to more than two weeks of flow over Niagara Falls!
7. **HORIZONTAL-AXIS WASHING MACHINES.** A typical household does nearly 400 loads of laundry a year, using about 40 gallons per full load with a conventional washer. In contrast new horizontal-axis washing machines only use 20–25 gallons per load. These water-efficient clothes washers not only use one third the amount of water as conventional washers, but they also use only half the energy. Therefore, you can save money by using less water, less detergent, and less energy.

To make conserving water even easier the Clackamas River Water Providers have free indoor and outdoor Water Conservation information, booklets, calendars and tools. *To learn more, visit the Clackamas River Water Providers website at <http://www.clackamasproviders.org> or contact the Water Conservation Program Coordinator at 503-723-3511 or [christine@clackamasproviders.org](mailto:christine@clackamasproviders.org).*

**PLEASE EXCUSE OUR MESS—Work in Progress**

If you have visited historic downtown Oregon City in the past year you've seen a lot of change, construction, and new activity. Downtown is maturing into the social, cultural and (unique) retail heart of our community.

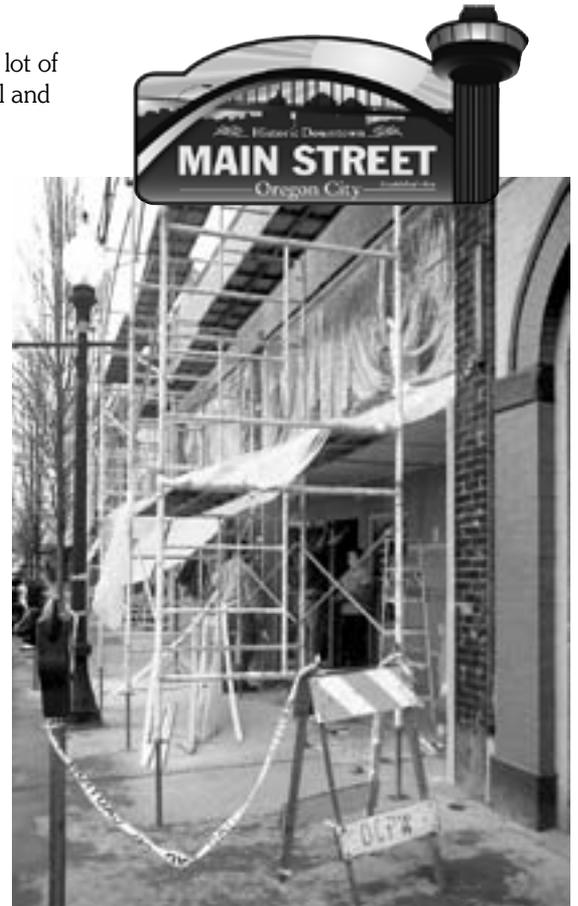
Twelve storefronts have been remodeled to help cultivate the historic character of our downtown. Downtown property owners invested more than \$1.3 million to upgrade and improve their buildings. This “facelift” to downtown has helped encourage growth in new businesses for Oregon City.

Last year 14 new businesses started up or relocated to downtown. New businesses include professional service firms, like insurance agencies and creative media and marketing firms, as well as new restaurants and retailers.

Through the work of the one-year-old non-profit organization called Main Street Oregon City, residents, business owners and downtown property owners are working together to make Oregon City a better place to live, work and visit.

Downtown should be a place we're proud of. A place that celebrates and showcases the unique identity of our community. As a resident of Oregon City, you have a part to play in the future of our downtown. Join us for special events like First Friday or just a nice dinner out at a restaurant—there are more than 20 restaurants and places to eat downtown. Think about downtown when you're shopping for furniture or gifts—there are more than 20 retailers downtown. Visit downtown when you need professional services. After a couple of visits you'll see that downtown Oregon City is home to a surprising range of locally owned businesses.

Think of downtown when you want to get involved in your community and make good change happen. Through the volunteer-led Main Street Oregon City, we have a unique opportunity to be a part of positive change. If you're interested in getting involved and making a difference in Oregon City, contact Lloyd Purdy, Executive Director of the non-profit Main Street Oregon City at [downtownpurdy@gmail.com](mailto:downtownpurdy@gmail.com).



**OREGON CITY ELECTION NEWS** ★ ★ ★ ★

**Mayor & Two City Commission Positions Available**

Election materials for candidates interested in running for the City Commission in Oregon City are now available online at [www.oregoncity.org](http://www.oregoncity.org) and in the City Recorder's Office at City Hall, 625 Center Street, Oregon City. The Municipal Election will be held on Tuesday, November 2, 2010.

There are three open positions on the City Commission: Mayor, Position #1 and Position #4. Each volunteer position is a 4-year term. Those who wish to declare their candidacy must file Form SEL 120, *Candidacy for Nonpartisan Nomination*, with the City Recorder no sooner than June 2 and no later than August 24, 2010 to be on the November 2 ballot. A prospective candidate may file by declaration or by petition.

- If filing by declaration, a \$50 filing fee is required with SEL 120.
- If filing by petition, SEL 120 is filed indicating the candidate is filing by prospective petition. Petitions require 50 valid signatures, and appropriate signature sheets are provided by the City Recorder's Office.

No person shall be eligible for an elective office of the City unless at the time of election he or she is a *qualified* elector within the meaning of the state constitution and has resided in the city during the twelve months immediately preceding the election. A candidate packet, including the City Elections, is available from the City Recorder's Office and online at [www.oregoncity.org](http://www.oregoncity.org).

★ ★ ★ ★ ★

**Voter Registration is Underway**

To qualify to vote in the Primary Election on May 18, residents must be registered before the April 27 deadline; to qualify to vote in the General Election on November 2, residents must be registered before the October 12 deadline. To qualify to vote in Oregon, a person must be a resident of Oregon, a citizen of the United States, and be 18 years old by Election Day.

To register to vote, complete a voter registration form and return it to: **Clackamas County Elections Office**  
1710 Red Soils Court, Suite 100  
Oregon City, OR 97045

The form is also available at City Hall, 625 Center Street, Oregon City and on Clackamas County's web site at <http://www.clackamas.us/elections>. If your name, address, or party affiliation has changed since the last election, you must complete a new voter registration form and submit it to your county of residence.

Questions regarding candidate procedures or requirements may be directed to Nancy Ide, Oregon City Recorder, at 503-496-1505.



## SPECIAL OLYMPICS

### Of Clackamas County

### Clackamas County Special

**Olympics** operates the regional arm of the International Organization.

We serve over 250 developmentally disabled persons in this county. The program is free to all qualifying participants ages

8 to 80. We are a volunteer-driven group, existing solely on donations and grants; we receive no state or federal monies. The year-round program, with 15 different Olympic-style seasonal sports, is designed to help persons with disabilities reach their potential by focusing on their abilities and by helping them gain self-confidence, social competency and other enhanced skills, both physical and social. The program encourages younger athletes, such as those still in school, to take the opportunity to participate in these community activities. Youth as young as 8 years old are eligible to apply. The seasonal programs are:

Winter	Summer	Autumn
DECEMBER—MARCH	APRIL—JUNE	AUGUST—NOVEMBER
<ul style="list-style-type: none"> <li>• Alpine Skiing</li> <li>• Basketball</li> <li>• Cross Country Skiing</li> <li>• Snowboarding</li> <li>• Snowshoeing</li> <li>• Power Lifting</li> </ul>	<ul style="list-style-type: none"> <li>• Bocce Ball</li> <li>• Golf</li> <li>• Gymnastics</li> <li>• Softball</li> <li>• Track &amp; Field</li> </ul>	<ul style="list-style-type: none"> <li>• Aquatics</li> <li>• Bowling</li> <li>• Long Distance Running/Walking</li> <li>• Soccer</li> <li>• Volleyball</li> </ul>

Any athlete, donor or volunteer wishing to learn more about how to participate can reach us by leaving their name and number on our message line at 503-675-3550.

## OC-TATESHINA SISTER CITY NEWS

### Help Welcome Tateshina Visitors March 20–26

Families in the area are hosting eight junior high school students and two chaperones from Tateshina, Japan. The students are getting an opportunity to see how American families live and to practice their English skills. If you see the group sightseeing in the area, feel free to introduce yourself and make them feel welcome.

### Gateway to Peace Garden Completed

This winter, volunteers from the Sister City Committee completed a new gateway to the Peace Garden, located next to the Pioneer Community Center on John Adams, between 5th and 6th. It was created to celebrate the 35th anniversary of the sister city relationship and the 150th anniversary of the state of Oregon. This spring, or any time of the year, you're welcome to take a peaceful break with a walk through the garden.



## FILL-A-STOCKING, FILL-A-HEART

A heartfelt “thank you” to all the individuals, businesses, organizations, service groups and churches that came to our aide last year. Without your help, donations, and the hard work of volunteers we could not fill all the requests from the agencies and their clients. At times we had empty shelves, but because of your tremendous outpouring of support, you helped us fill over 2,600 stockings in 2009. Bringing some joy at Christmas time is brought to light by what one of the agencies had to say...

*“My clients and parents wanted to thank those who donated. The kids seemed to especially enjoy the stuffed animals, gloves, scarves, hats, toys. I know parents really appreciated the toothpaste, toothbrushes, hair style items (combs, brushes, headbands, etc.). The socks were very helpful and many families appreciated this. The teens were overwhelmed by how much was “stuffed” inside...”*

*“One teen that has tried to adjust to being without his parents and living in permanent foster care (a parent passed away and his other parent has health issues and cannot care for him) really “lit up” when he saw his stocking. This is a compassionate teen that has said that he wants to make a difference in the world “for my life to really count”, and I know that as he seeks ways to show others he cares, this surprise stocking really gave him back some love that he needed, especially during this season that is so focused on family.”*

Please mark your calendars for BINGO on SATURDAY, MAY 15 at the PIONEER COMMUNITY CENTER. Also, donations of gift items, yarn and fabric (Christmas prints or solid colors) for the stockings sewn by volunteers are greatly appreciated and accepted all year. Please visit our website at [www.fillastocking.org](http://www.fillastocking.org) for event updates and other information about our organization. Contact us at 503-632-0577 or [info@fillastocking.org](mailto:info@fillastocking.org).

### AET Position Available

As part of the regular exchanges between Oregon City and our sister city of Tateshina, Japan, we are currently seeking a qualified individual to serve for a year as an Assistant English Teacher. The job involves helping the teachers at the junior high school in Tateshina who teach English. The job also involves acting as a friendship ambassador, representing the Oregon City sister city committee, and organizing/teaching classes for community members who want to learn or improve their English language skills. The position requires: a four-year college degree; a U.S. passport; the ability to obtain a Japanese work visa; demonstrated interest in Japanese culture and/or language; and the ability to work independently and adapt to stressful conditions. You do not need to be a resident of Oregon City. This one-year commitment runs August 2010—August 2011. It is a paid position which includes employer-provided teacher housing in Tateshina.

### Garage Sale Saturday, June 12

Our 8th annual garage sale will be held 9am–4pm. Watch for the location. This is our only fund raiser for the year, so in addition to shopping the sale, we encourage donations of items in good condition.

*If you are interested in the AET position or want to donate items for the garage sale, contact Oregon City–Tateshina Sister City Committee members Elise and Larry Lunas at 503-656-5578 or Beth Werber at 503-557-2906.*



603 Sixth Street, Oregon City | 503-655-2866

## STEVENS-CRAWFORD HERITAGE HOUSE

**B**uilt in 1907–1908, the Stevens-Crawford House is a textbook example of the Foursquare or Classical Box architectural style so popular at the turn of the century. The home was built for the Harley C. Stevens family—Harley C. Sr., his wife Mary Crawford Stevens and their daughter, Mertie—the only family to ever live in the house.

Upon her death in 1968, Mertie Stevens gave the house to the Clackamas County Historical Society. She wished to preserve the Stevens-Crawford families and their place in Clackamas County history and the early development of Oregon. Her request that it be kept as close as possible to the 1908 era helps to interpret the historic past of Oregon City.

Open: Thursday–Saturday | 12:00–4:00pm | Last tour of day—3:30pm | Admission \$5



619 Sixth Street, Oregon City | 503-650-1851

## HISTORIC ERMATINGER HOUSE

**T**he Historic Francis Ermatinger House & Textile/Living History Museum invites you to tour the House with its Vintage Clothing and Textile Exhibits, participate in our announced Special Events and Activities and make reservations for your own Living History Tea. This Historic House was built by Dr. John McLoughlin for Francis Ermatinger, who was his Hudson Bay employee and the husband of his granddaughter.

**Displays for 2010** will reflect the sentimentality of the Victorians through superstitions, songs and sayings. The monthly themes are as follows:

Apr *April Showers...*

May *...Bring May Flowers*

June *Staightlaced, UpTight and Great Expectations*

July *My Country 'Tis of Thee...*

Aug *...Sweet Land of Liberty*

Sep *Children Should Be Seen...*

Oct *Widows Weeds and Mourning Veils*

Nov *The Whole Nine Yards*

Dec *A Christmas Carol*

- Open: Memorial Day Weekend—Labor Day Weekend | 12:00–4:00pm | by scheduled appointment
- Tour admission prices: \$4—Adults | \$3—Seniors & Children
- Tours are also available by reservation. Please call.
- Living History Teas are by reservation only. Please call.
- For information on Living History Teas and Special Events, please call.
- If you're interested in being a tour guide or volunteer, call Marge & Rolla Harding at 503-650-1851.



## Highlights of Spring Events

**Give Me Shelter Art Exhibit**—Group show of over 40 local and regional artists, bringing awareness to people of our displaced pets. Wine tasting available from Kings Raven Winery.

Feb 2–Apr 30 | Tue–Fri: 10am–6pm |

Sat: 10am–3pm | Howden Art & Framing |

1512 Washington St, Oregon City |

503-607-0217

## CLACKAMAS COUNTY TOURISM & CULTURAL AFFAIRS

**Lettice and Lovage**—By Peter Shaffer, Directed by Diane Englert. When an eccentric tour guide is assigned to the dulllest house in England, her groups dwindle with boredom. So, she begins to elaborate with wildly dramatic tales of murder and intrigue that earn ovations from her increasing audiences. But her success is cut short when the formidable head of the Historic Tours shows up. Call for show times and prices.

Mar 12–Apr 18 | Lakewood Center for the Arts | 368 S. State St, Lake Oswego | 503-635-3901

**First Fridays**—Celebration of commerce and culture on the first Friday of every month. Local artists and local businesses. Art for every season! In the summertime artists move outside (Arts in Action).

Apr 2, May 7, Jun 4, Jul 2, Aug 6 (6–9pm) |

Sep 3, Oct 1 (5–8pm) | Nov 5, Dec 3 (4–7pm) |

Historic Oregon City

**King's Raven Wine Tasting at Rare Plant Research**—Wine tasting while shopping and touring through the greenhouses.

May 15–16 | 11am–4pm | Rare Plant Research 11900 S. Criteser Rd, Oregon City

**Sustainable Forestry Tours**—Ride the tree farm bus, stopping along the way for a closer look at woodland, reforestation projects, thinning and pruning demonstrations, watershed protection, wildlife habitat enhancements and wildfire prevention. Join volunteers for lunch, bring a potluck, or enjoy a private picnic before or after your tour. Group size is limited. For reservations or to schedule a private tour for your group, family or friends call 503-632-2150.

Jan 10–Dec 12 | 2nd Saturday each month | 90-min guided tours begin at 2pm | Hopkins Demonstration Forest | 16750 S Brockway Rd, Oregon City | 503-632-2150

For a complete list of events in the Mt Hood Territory visit [www.MtHoodTerritory.com](http://www.MtHoodTerritory.com).



## FREE VIDEO PRODUCTION CLASSES

**B**e a Producer!!!—Willamette Falls Television in downtown Oregon City serves Damascus, Milwaukie, Oregon City, Unincorporated Clackamas County and West Linn. If you live in our service area the classes and use of the facility are FREE to you. Learn how to use the editing systems, the field equipment and the studio to create your show. Your program must be non-promotional and commercial free. However, non-profits may promote their services. For more info, call or click 503-650-0275 or [www.wftuaccess.com](http://www.wftuaccess.com). Email us at [wftuaccess@comcas.net](mailto:wftuaccess@comcas.net) today and become a Producer!

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**New City Hall Interior—625 Center St.** Photos—Dave Davidson Location Photography



City of Oregon City  
625 Center Street  
PO Box 3040  
Oregon City OR  
97045

\*\*\*\*\*ECRWSS\*\*\*\*\*

RESIDENTIAL CUSTOMER

PRST STD  
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US POSTAGE  
PAID  
OR CITY OR  
PERMIT #23

## EARTH DAY CLEAN UP

**Saturday, April 17 | 9:00am–1:00pm | Register at Clackamette Park—8:00am**

Please come prepared with gloves, tool/s of choice and dressed for the weather.

### REQUIRED ITEMS

Please bring tools for personal use during event



- Wheelbarrows
- Pruners
- Loppers
- Shovels
- Push Brooms
- Rakes

### CLEAN-UP SITES

1. Abernethy Creek Park/Creek Restoration
2. Stevens-Crawford Museum
3. Holcomb Gateways
4. Singer Creek Park
5. Museum of the Oregon Territory

### PRIZES—Receive a raffle ticket when you:

1. Wear a clean-up shirt from years past
  2. Bring 2 canned or non-perishable food items for the Oregon Food Bank
- Raffle is during lunch. Must be present to win.

### LUNCH

Clackamette Park at 12:30pm  
Sponsored by Haggen Food and Pharmacy  
*For more information call the Oregon City Code Enforcement Division at 503-496-1559 or visit [www.orcity.org](http://www.orcity.org)*



## OREGON CITY FARMERS MARKET

**Eat fresh, Eat Healthy, Eat Local!** You can do it all at the market this year. Want to give your family the best local foods? Watch a chef's demo? Learn about food growing or chicken-keeping? Then grab a bag and head on over to the market!

Good food, live music, chefs, master gardeners, conservation experts, non-profit and City groups, 4H youngsters, tractors, chickens and goats, even a clown!...all can be found at the market. Last year 44,200 customers visited...thank you for your support!

The month of May brings with it the nutritious spring greens, asparagus and peas, along with wild mushrooms, goat's cheese, artisan breads, local wines plus much more. Eat seasonally at the market this year!

May is also "Bike to the Market" month. We'll have bike racks conveniently situated by the Info Booth and activities that promote biking. You can sign up on our web site [orcifyfarmersmarket.com](http://orcifyfarmersmarket.com) to receive our weekly market newsletter. Find out what farmers and vendors will be bringing, plus what time activities and workshops are happening.

The Saturday Summer Market will be open this year for SIX MONTHS of great food and activities starting May 1 on the parking lot of the Clackamas County's Public Services Building on Kaen Rd. off Beaver Creek Rd, in the Red Soils campus area of Oregon City. Plenty of easy parking, handicapped spots available, debit and Oregon Trail Cards accepted.

For more info visit our web site at [www.orcityfarmersmarket.com](http://www.orcityfarmersmarket.com)

**Eat Fresh, Eat Healthy, Eat Local**

"The Freshest Produce in the Oldest City"



**Saturdays 9am-2pm**

From the beginning of May to the End of October

Located at 2051 Kaen Rd.  
At the Clackamas County Public Services Building  
Just off Beaver Creek Rd.  
Great Access, Excellent Parking, Stroller & wheelchair Friendly

Cooking Demos with Chefs from Bugalli's, Weatherfords, and Stone Cliff Inn

Food Growing Talks by Master Gardeners



[www.orcityfarmersmarket.com](http://www.orcityfarmersmarket.com)

503-734-0192