

Congregate Dining Room Service

Our Nutrition Program offers noon-time meals to seniors who enjoy coming in to the Center to have lunch and share friendly conversation with other seniors.

**WE SERVE LUNCH
MONDAY—FRIDAY
11:30AM –12:30 PM**

With lunch, we offer a daily Dessert Bar served with milk and coffee.

If you are over 60 years old, the suggested donation per meal is \$3.00.

If you need transportation to the Pioneer Center, or others places in Oregon City and West Linn, we can provide information on how to get you connected.

Pick up our monthly menu at the Front Desk and
JOIN US FOR LUNCH!

Call 503-657-8287, ext “0”
for other service needs



Reminders

Meals on Wheels Clients:

Please eat your meal when it arrives or refrigerate the meal, if you plan to eat it later.

You can reheat your meal in the microwave or oven. You can also freeze the meal for later use.

Please be considerate of your volunteer drivers by remembering to call the Center when you are not going to be home to receive your meal delivery.

**MEALS ON WHEELS
DIRECT LINE:**

503-722-5979



The Pioneer Community Center Meals on Wheels & Nutrition Program

*Bridging The Gap to an
Independent Lifestyle*

**CITY OF OREGON CITY
PIONEER ADULT
COMMUNITY CENTER**

615 Fifth Street
Oregon City, OR
97045

**503-722-5979
Monday - Friday
9am-1pm**



MEALS ON WHEELS



**JUST A PHONE
CALL AWAY**

**503-722-5979 OR
503-657-8287, ext "1"**

Our "Meals on Wheels" Program is available Monday through Friday from 9am to 1pm to help meet your nutritional needs.

We can assist you over the phone, or you are welcome to come into the Pioneer Center.

Our application process is simple and takes very little time.

We schedule a home visit with you to discuss our program, and provide information and referral to other senior services if needed.

Once you start receiving your meals, you will also receive the Center's bi-monthly newsletter, along with our monthly menu. If you have any questions about "Meals on Wheels" or any other senior services, please give us a call.

503-722-5979

Your Meals on Wheels Delivery

A volunteer will deliver your lunch between:

11:00A.M. & 12:45 P.M.

Monday –Friday

(Frozen meals are available for the weekends, if you need them.)

PLEASE NOTE: If you DO NOT need a meal delivered, we need to know as soon as possible!

Please call the "Meals On Wheels" coordinator to cancel the delivery, or to make other arrangements to receive your meal.

503-722-5979

If we are unable to leave you a meal, we will contact you, or your family, as a safety precaution.



DONATION POLICY

Donations to the "Meals On Wheels" program are appreciated and help to continue and further expand our services.

If you are 60 years of age or over, the suggested donation, per meal, is \$3.00

(Medicaid clients under age 60 who qualify, have to be referred to us by their case managers.)

Please make checks payable to:
**Pioneer Center
Meals on Wheels**

You can give your donation to your driver,

-or-

Mail to:
**Pioneer Community Center
615 Fifth Street
Oregon City, OR 97045**