

<b>Lane Reservation Day and Times</b>							
Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30a-7:45a							
11:00a-12:15p							
12:15p-1:30p							
12:30p-1:45p							
1:45p-3:00p							
2:15p-3:30p							
3:15p-4:30p							
6:00p-7:15p							
<i>Times reflect time you may enter the facility and time to exit the facility</i>							

<b>Water Exercise Class Day and Times</b>						
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00a-9:15a	Shallow Water	Slow Stretching & Light Cardio and Deep Water	Shallow Water	Slow Stretching & Light Cardio and Deep Water	Shallow Water	
9:30a-10:45a	Shallow Water	Slow Stretching & Light Cardio and Deep Water	Shallow Water	Slow Stretching & Light Cardio and Deep Water	Shallow Water	
6:00p-7:15p		Shallow and Deep Water		Shallow and Deep Water		
12:15p-1:30p						Shallow and Deep Water
<i>Times reflect time you may enter the facility and time to exit the facility</i>						